

SUNDAY

BANGOR **Mind, Body, and Spirit**
10:00AM -11:00 AM Together Place Peer Run Recovery Center
O 2 2nd Street 04401

BANGOR **Man Up**
3:00 PM - 4:00 PM Together Place Peer Run Recovery Ctr
O M Lit 2 2nd St. 04401

BANGOR **Grateful We're Not Dead**
6-7:00 PM Together Place Peer Run Recovery Center
O Lit 2 2nd Street 04401

BREWER **Fix Your Crown**
6:00 pm-7:15 PM St. Patrick's Church
O CS W D Lit SG 24 Holyoke St. 04412

CHERRYFIELD **Downeast Serenity Group**
6:00 pm-7:00 PM Cherryfield Congregational Church
B D 12 River Road, 04622

BATH **Downtown Bath Group**
6:00 PM-7:00 PM Bath Recovery Community Ctr
O D B WC 15 Vine Street 04530

ELLSWORTH **Alive & Kicking (Hybrid)**
7-8:15 PM Your Place Inc.--8 Old Mill Rd 04605
O D L SP H HY Route 1A & 179, behind Sunrise Glass
[Zoom ID: 899-7366-5879](https://www.zoom.us/j/899-7366-5879)

KENNEBUNK **Free At Last**
6:30-7:30 PM Seven Mile Road Church
O D JT 75 Portland Rd (US-Route 1), 04043

MONDAY

BREWER **New Beginnings**
7:30 pm-8:30 PM Bangor Area Recovery Network
O D H 142 Center St. 04412

NEWCASTLE **The Winners Circle**
6:00-7:00 PM St. Andrew's Episcopal Church
O JT SD CW 11 Glidden St. 04553

RAYMOND **One of Us**
7-8:00 PM Clyde Bailey Drop In Center
O WC Lit 1311 Roosevelt Trail 04071

ROCKLAND **New Attitudes**
6:30-7:30 PM St Peter's Episcopal Church
O D JT CW H 11 White Street 04841

RUMFORD **Don't Look Back**
12:00 PM-1:00PM Crooked River Counseling
O D Lit 209 Lincoln Ave, 04276
Go in Front Door and go into the 1st door on the right

SANFORD **Manic Mondays**
1:30 PM-2:30 PM St. George's Episcopal Church
O CW D WC 3 Emerson Street 04073

SANFORD **The Journey House Group**
7:00 8:00 PM Journey House Recovery
O D WC 43 Brook Street 04073
Use side entrance on- Hammond St

SANGERVILLE **Take the Next Step**
7:00-8:00 PM Recovery Wellness Community Center
O L 20 Douty Hill Rd, 04479

TUESDAY

ALFRED **How Ya Doing**
7-8:00 PM York County Shelter (near bakery)
O D WC 147 Shaker Hill Rd. 04002

BANGOR **Mind, Body, and Spirit**
12:00 -1:00 PM Together Place
O 2 2nd Street 04401

BANGOR **Grateful We're Not Dead**
6:00-7:00 PM Together Place Peer Run Recovery Ctr
O L 2 2nd Street 04401

CARIBOU **Most Powerful Vehicle**
9:00-10:00 AM Roads To Recovery Community Center
O BT D 1 Water St. 04736

ELLSWORTH **Alive & Kicking (Hybrid)**
7:00-8:15 PM Your Place, Inc -8 Old Mill Rd 04605
O D L S WC HY 1A&179, behind Sunrise Glass
[Zoom ID: 899-7366-5879](https://www.zoom.us/j/899-7366-5879)

FARMINGTON **Dragon Slayers**
6:30-7:30 PM Henderson Memorial Baptist Church
O 12 110 Academy St. 04938

LEWISTON **Free and Clean (Hybrid)**
7:30-9:00 PM Trinity Episcopal Church
O SD LC HY B 247 Bates Street 04240
[Zoom ID: 703-065-5462](https://www.zoom.us/j/703-065-5462) Password: Free22

LISBON FALLS **Lisbon Falls Recovery Group**
5:30 PM-6:30 PM First Baptist Church
O B D IW WC Tr 59 Sabattus Street 04252

MADAWASKA **No Matter What! Group**
5:30 PM-6:30 PM The Valley Peer Center
O SD BK 272 Main Street 04756

NORWAY **HOPE (Hold On Pain Ends)**
5:30-6:30 PM the HILLS Recovery Center
O D L 15 Tannery St. 04268

PORTLAND **Night Share**
7-8:15 PM State Street Church, UCC
O So 159 State Street 04101

WEDNESDAY

BANGOR **Recover Out Loud**
6:00-7:00 PM Hammond St Congregational Church
O GL 28 High St. 04401

BREWER **New Beginnings**
7:30 pm-8:30 PM Bangor Area Recovery Network
O D H 142 Center St. 04412

FORT KENT **You Are Always Welcome (Hybrid)**
7:00 PM - 8:00 PM 1st Mile Active Recovery
O SD 229 West Main St, Suite 104 04743
[Zoom ID: 810-9447-7611](https://www.zoom.us/j/810-9447-7611) Password: 013534

OLD ORCHARD **Catch the Wave**
7:00-8:15 PM United Methodist Church, 04064
O WC Lit 6 Fountain Ave, 04064

PLEASANT POINT **Ckuwapon Group**
7:00 PM - 8:00 PM Passamaquoddy Head Start
O D 16 Day Care Drive, ME 04667

PORTLAND **No More Tears**
7-8:15 PM State Street Church, UCC
O L To 159 State Street 04101

ROCKLAND **New Attitudes**
6:30-7:30 PM St. Peter's Episcopal Church
O D L LC CW H 11 White St 04841

RUMFORD **A Better Way with NA**
6:30-8:00 PM Larry Labonte Recovery Center
O 412 Waldo St, ME 04276

SKOWHEGAN **To Thine Own Self Be True**
6:00 PM - 7:00 PM Recovery Coaching Center
O 34 High Street, 04976

TOPSHAM **Clean Slate Group**
7:00-8:00 PM ABC Baptist Church
O SG 1 Elm St, 04086

WATERVILLE **Without Parallel**
5-6:00 PM Pleasant St United Methodist Church
O D CL 61 Pleasant St. 04901
Meets in the chapel on the 2nd Floor

WINTHROP Zysk Meeting
7 PM - 8 PM Zysk Recovery House
O D 96 US Route 133 04364

THURSDAY

BANGOR **Grateful We're Not Dead**
6:00-7:00 PM Together Place Peer-Run Recovery Ctr
O D 2 2nd Street 04401

BELFAST **Second Chances**
6:30 - 7:30 PM Belfast United Methodist Church
O B CW D 23 Mill Lane 04915

BRIDGTON **NA Our Way**
5:30-6:30 PM Lakes Region Recovery Center
O B 2 Elm St 04009

CAMDEN **Topic Stick Meeting**
6:30PM - 7:30PM United Methodist Church
O To 98 John Street 04843

CARIBOU **Most Powerful Vehicle**
9:00-10:00 AM Roads To Recovery Community Center
O BT D 1 Water St. 04736

FARMINGTON **Day By Day NA**
2:00 PM-3:00 PM Franklin County Recovery Center
O JT 130 Quebec Street, ME 04938

SANGERVILLE **Take the Next Step**
7:00-8:00 PM Recovery Wellness Community Center
O L 20 Douty Hill Rd, 04479

LEWISTON **Free and Clean (Hybrid)**
7:30-9:00 PM Trinity Episcopal Church
O S D B HY 247 Bates Street 04240
[Zoom ID: 703-065-5462](https://www.zoom.us/j/703-065-5462) Password: Free22

MACHIAS **Downeast Group of NA**
7:00-8:00 PM Downeast Recovery Support Center
O BT D WC 11 Free Street 3 School St. 04654

Online Only **Table Talk Recovery**
7:00-8:15 PM [Zoom ID: 889-6662-3118](https://www.zoom.us/j/889-6662-3118)
O S To VM Lit Password: 576000

PORTLAND **No Name Group**
7 -8:00 PM Sacred Heart Church,
O D 80 Sherman St 04101
On the corner of Sherman & Mellen Streets

SANFORD **the Riverview Thursday Group**
7:00 PM - 8:00 PM 1 Riverview Street 04073
O D

For New Hampshire Meeting Information
Call 833-436-6166
www.gsana.org

Marathons Meetings (<https://virtual-na.org/marathons/>)

24/7 NA International Marathon Meeting
[Zoom ID: 494 965 5895](https://www.zoom.us/j/4949655895) pwd: 1953

24/7 Unity Arabic NA Marathon Meeting
[Zoom ID: 789 268 5208](https://www.zoom.us/j/7892685208)

24/7 Russian Marathon Meeting
[Zoom ID: 916-970-8880](https://www.zoom.us/j/9169708880) pwd: 247

Maratón Argentina 24/7 en español
[Zoom ID: 490 510 9784](https://www.zoom.us/j/4905109784) pwd: 1111

FRIDAY

AUGUSTA **The Point of Freedom**
7:30 PM - 8:30 PM Augusta Recovery & Reentry Center
O L 19 H CS HY 2 Bangor St, 2nd Floor 04330
[Zoom ID: 956-5503-2181](#) Password: 0000

BANGOR **Mind, Body, and Spirit**
12:00 -1:00 PM Together Place
O 2 2nd Street 04401

BIDDEFORD **Stairway to Freedom**
7:00-8:15 PM Second Congregational Church
O D 12 H 19 Crescent St. 04005

BENEDICTA **Benedicta Beginners**
7:00 pm - 8:15 PM Saint Benedict's Church
O B BT IP 1063 Benedicta Rd, Benedicta 04733

BREWER **New Beginnings**
7:30 pm-8:30 PM Bangor Area Recovery Network
O D H 142 Center St. 04412

ELLSWORTH **Alive & Kicking (Hybrid)**
7-8:15 PM Your Place Inc.-8 Old Mill Rd 04605
O D L SP H HY Rte 1A & 179, behind Sunrise Glass
[Zoom ID: 899-7366-5879](#)

LISBON FALLS **Lisbon Falls Recovery Group**
5:30 PM-6:30 PM First Baptist Church
O B D IW WC Tr 59 Sabattus Street 04240

SANFORD **Friday Night Special**
7:00 -8:00 PM St. George's Episcopal Church
O D WC 3 Emerson St. 04073

WATERVILLE **Waterville Five & Dime**
6-7:30 PM Pleasant St United Methodist Church
C D L 61 Pleasant St. 04901
Elevator to 2nd Floor, Dunn Parlor
Open Mtg & celebrations. last Fri. of Month

SATURDAY

BREWER **Ultimate Weapon (Hybrid)**
7:30-8:30 PM Bangor Area Recovery Network
O SP H HY 142 Center St 04412
[Zoom ID: 572-681-0574](#)

BRIDGTON **NA In The Day**
12:00 PM-1:00 PM Lakes Region Recovery Center
O B 2 Elm St 04009

CARIBOU **Most Powerful Vehicle**
7:00-8:00 PM Roads To Recovery Community Center
O D L 1 Water St. 04736

FARMINGTON **Nine-ish**
9:15 - 10:30 AM Franklin County Memorial Hospital
O D WC 111 Franklin Health Commons 04938
Chisholm Rm

PORTLAND **Principles Before Personalities**
7-8:15 PM Williston-Immanuel United Church
O D CL 156 High St. 04101
Use Deering St. Rear Entrance

SOUTH THOMASTON **The Keag is Up**
6:30-7:30 PM People's United Methodist Church
O D CL 13 Chapel St. 04858

SWAN'S ISLAND **Swan's Island Group**
7:00-8:00 PM Mill Pond Health Center
O 235 Minturn Rd. 04685

AREA EVENTS

Eastern Maine H & I / PR / Outreach Meeting (Hybrid)
3rd Sunday of every month 10:15 AM – 11:00AM
Bangor Area Recovery Network
142 Center Street, Brewer ME 04412
[Zoom ID: 427 726 6967](#) No password

Eastern Maine Area Service Committee (Hybrid)
3rd Sunday of every month 11:00 AM - finish
Bangor Area Recovery Network
142 Center Street, Brewer ME 04412
[Zoom Id: 876-4445-3939](#) **Password:** 1111

Maine Area Service Committee (Hybrid)
Last Sunday of every month 12:00 PM - 2:30 PM
(except March 24th & May 19th)
Portland Recovery Community Center
102 Bishop Street, Portland, ME 04103
[Zoom ID: 896 4245 3855](#)

Maine Area H & I / PR / Outreach Meeting (Virtual)
2nd Monday of every month 8:00 PM – 9:00 PM
[Zoom ID: 829 8032 9797](#) No password

Miracle Subcommittee Meeting

Scan here for the [Just For Today](#) meditation



**IF YOU WANT TO USE,,,
USE THE PHONE!**

CONTACT LIST

Empty contact list box with horizontal lines and a MEETING CODES legend at the bottom.

Useful Links:

International NA website

<https://www.na.org>

For **Literature Orders** from NA World Services, visit:

<https://cart-us.na.org/>

Scan here for the [Spiritual Principle A Day](#) reading



**NARCOTICS
ANONYMOUS**

**Maine Meeting List
December 2024**

(12-21-2024)

For the most current meeting list
& events visit: <https://namaine.org>
Call or Text 1-833-436-6166.



When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on as best we can to the bitter ends – Jails, Institutions or Death – or **Find A New Way To Live.** In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man's entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple *spiritual—not religious*—program, known as Narcotics Anonymous.

✧ HELPLINE ✧

1-833-436-6166

Maine Area Service Committee
PO Box 5309
Portland, ME 04101

Eastern Maine Area Service Committee
PO Box 3533
Brewer, ME 04412