

SUNDAY

BANGOR
10:00AM-11:00 AM Together Place Peer Run Recovery Center
O

Mind, Body, and Spirit
Together Place Peer Run Recovery Center
2 2nd Street 04401

BANGOR
3:00 PM-4:00 PM
O M Lit

Man Up
Together Place Peer Run Recovery Ctr
2 2nd St. 04401

BANGOR
6-7:00 PM
O Lit

Grateful We're Not Dead
Together Place Peer Run Recovery Center
2 2nd Street 04401

BREWER
6:00 pm-7:15 PM
O CS W D Lit SG

Fix Your Crown
St. Patrick's Church
24 Holyoke St. 04412

BATH
6:00 PM-7:00 PM
O D B WC

Downtown Bath Group
Bath Recovery Community Ctr
15 Vine Street 04530

ELLSWORTH
7-8:15 PM
O D L SP H HY

Alive & Kicking (Hybrid)
Your Place Inc.-8 Old Mill Rd. 04605
Route 1A & 179, behind Sunrise Glass
Zoom ID: 899-7365-5879

KENNEBUNK
6:30-7:30 PM
O D JT

Free At Last
Seven Mile Road Church
75 Portland Rd (US-Route 1), 04043

WATERVILLE
3:00 PM-4:15 PM
C W Lit D WC

Sunday Serenity
Pleasant St United Methodist Church
61 Pleasant St. 04901
Meets on the 2nd Floor Parlor

MONDAY

BREWER
7:30 pm-8:30 PM
O D H

New Beginnings
Bangor Area Recovery Network
142 Center St. 04412

GUILFORD
7:00-8:00 PM
O L

Take the Next Step
Methodist Church
3 School St. 04443

NEWCASTLE
6:00-7:00 PM
O JT SD CW

The Winners Circle
St. Andrew's Episcopal Church
11 Glidden St. 04553

RAYMOND
7-8:00 PM
O WC Lit

One of Us
Clyde Bailey Drop In Center
1311 Roosevelt Trail 04071

ROCKLAND
6:30-7:30 PM
O D JT CW H

New Attitudes
St Peter's Episcopal Church
11 White Street 04841

SANFORD
1:30 PM-2:30 PM
O C W D WC

Manic Mondays
St. George's Episcopal Church
3 Emerson Street 04073

SANFORD
7:00-8:00 PM
O D WC

The Journey House Group
Journey House Recovery
43 Brook Street 04073
Use side entrance on- Hammond St

TUESDAY

ALFRED
7-8:00 PM
O D WC

How Ya Doing
York County Shelter (near bakery)
147 Shaker Hill Rd. 04002

BANGOR
12:00-1:00 PM
O

Mind, Body, and Spirit
Together Place
2 2nd Street 04401

BANGOR
6:00-7:00 PM
O L

Grateful We're Not Dead
Together Place Peer Run Recovery Ctr
2 2nd Street 04401

ELLSWORTH
7:00-8:15 PM
O D L S WC HY

Alive & Kicking (Hybrid)
Your Place, Inc.-8 Old Mill Rd 04605
1A&179, behind Sunrise Glass
Zoom ID: 899-7365-5879

FARMINGTON
6:30-7:30 PM
O L 2

Dragon Slayers
Henderson Memorial Baptist Church
110 Academy St. 04938

LEWISTON
7:30-9:00 PM
O SD LC HY B

Free and Clean (Hybrid)
Trinity Episcopal Church
247 Bates Street 04240
Zoom ID: 703-065-5462 Password: Free22

LISBON FALLS
5:30 PM-6:30 PM
O B D IW WC Tr

Lisbon Falls Recovery Group
First Baptist Church
59 Sabattus Street 04252

NORWAY
5:30-6:30 PM
O D L

HOPE (Hold On Pain Ends)
the HILLS Recovery Center
15 Tammy St. 04268

PORTLAND
7-8:15 PM
O S o

Night Share
State Street Church, UCC
159 State Street 04101

WEDNESDAY

BANGOR
6:00-7:00 PM
O GL

Recover Out Loud
Hammond St Congregational Church
28 High St. 04401

BANGOR
6:00-7:15 PM
O D

Man Up
Together Place Peer Run Recovery Ctr
2 2nd St. 04401

BREWER
7:30 pm-8:30 PM
O D H

New Beginnings
Bangor Area Recovery Network
142 Center St. 04412

OLD ORCHARD
7:00-8:15 PM
O WC Lit

Catch the Wave
United Methodist Church, 04064
6 Fountain Ave, 04064

LEWISTON

7:30-8:00 PM
O S D B HY
Zoom ID: 703-065-5462 Password: Free22

Free and Clean (Hybrid)
Trinity Episcopal Church
247 Bates Street 04240
Zoom ID: 703-065-5462 Password: Free22

MACHIAS
7:00-8:00 PM
O BT D WC

Downeast Group of NA
Downeast Recovery Support Center
11 Free Street 3 School St. 04654

Online Only
7:00-8:15 PM
O S To VM Lit

Table Talk Recovery
Zoom ID: 889-8682-3118
Password: 576000

PORTLAND
7-8:00 PM
O D

No Name Group
Sacred Heart Church,
80 Sherman St 04101
On the corner of Sherman & Mellen Streets

SANFORD
7:00 PM-8:00 PM
O D

the Riverview Thursday Group
1 Riverview Street 04073



For New Hampshire Meeting Information
Call 833-436-6166

Marathons Meetings (<https://virtual-na.org/marathons/>)

24/7 NA International Marathon Meeting
Zoom ID: 494.965.5895 pwd: 1953

24/7 Unity Arabic NA Marathon Meeting
Zoom ID: 789.268.5208

NAANA 24/7 Marathon Meeting
Zoom ID: 558.544.927, pwd: 247247

Midnight Madness NA Meeting 24/7
Zoom ID: 359.711.9478

PLEASANT POINT
7:00 PM-8:00 PM
O D

Ckuwapon Group
Passamaquoddy Head Start
16 Day Care Drive, ME 04667

PORTLAND
7-8:15 PM
O L To

No More Tears
State Street Church, UCC
159 State Street 04101

ROCKLAND
6:30-7:30 PM
O D L LC CW H

New Attitudes
St. Peter's Episcopal Church
11 White St 04841

RUMFORD
6:30-7:30 PM
O D

A Better Way with NA
Larry Labonte Recovery Center
412 Waldo St, ME 04276

SKOWHEGAN
6:00 PM-7:00 PM
O

To Thine Own Self Be True
Recovery Coaching Center
34 High Street, 04976

TOPSHAM
7:00-8:00 PM
O SG

Clean Slate Group
ABC Baptist Church
1 Elm St, 04086

WATERVILLE
5-6:00 PM
O D CL

Without Parallel
Pleasant St United Methodist Church
61 Pleasant St. 04901
Meets in the chapel on the 2nd Floor

THURSDAY

BANGOR
6:00-7:00 PM
O D

Grateful We're Not Dead
Together Place Peer-Run Recovery Ctr
2 2nd Street 04401

BELFAST
6:30-7:30 PM
O B C W D

Second Chances
Belfast United Methodist Church
23 Mill Lane 04915

BRIDGTON
5:30-6:30 PM
O B

NA Our Way
Lakes Region Recovery Center
2 Elm St 04009

CAMDEN
6:30PM-7:30PM
O To

Topic Stick Meeting
United Methodist Church
98 John Street 04843

CARIBOU
9:00-10:00 AM
O BT D

Most Powerful Vehicle
Roads To Recovery Community Center
1 Water St. 04736

FARMINGTON
2:00 PM-3:00 PM
O JT

Day By Day NA
Franklin County Recovery Center
130 Quebec Street, ME 04938

FARMINGTON
7:00 PM-8:00 PM

Step Awareness (Zoom Only)
Zoom ID: 524-280-410, no password

GUILFORD
7:00-8:00 PM
O Lit

Take the Next Step
Methodist Church
3 School St. 04443
Big yellow Church

FRIDAY

AUGUSTA
7:30 PM – 8:30 PM
O L 19 H CS HY 2 Bangor St, 2nd Floor 04330
Zoom ID: 956-5503-2181 Password: 0000

PORTLAND
7-8:15 PM
O D CL
Principles Before Personalities
Millison-Inmanuel United Church
156 High St. 04101
Use Deering St. Rear Entrance

BANGOR
12:00 – 1:00 PM
O
Mind, Body, and Spirit
Together Place
2 2nd Street 04401

SOUTH THOMASTON
6:30-7:30 PM
O D CL
The Keag is Up
People's United Methodist Church
13 Chapel St. 04858

BIDDEFORD
7:00-8:15 PM
O D 12 H
Stairway to Freedom
Second Congregational Church
19 Crescent St. 04005

SWAN'S ISLAND
7:00-8:00 PM
O
Swan's Island Group
Mill Pond Health Center
235 Minturn Rd. 04685

BENEDICTA
7:00 pm – 8:15 PM
O B BT IP
Benedicta Beginners
Saint Benedict's Church
1063 Benedicta Rd, Benedicta 04733

AREA EVENTS
Eastern Maine H & I / PR / Outreach Meeting (Hybrid)
3rd Sunday of every month 10:15 AM – 11:00AM
Bangor Area Recovery Network
142 Center Street, Brewer ME 04412
Zoom ID: 427.726.6967 No password

BREWER
7:30 pm-8:30 PM
O D H
New Beginnings
Bangor Area Recovery Network
142 Center St. 04412

Eastern Maine Area Service Committee (Hybrid)
3rd Sunday of every month 11:00 AM - finish
Bangor Area Recovery Network
142 Center Street, Brewer ME 04412
Zoom ID: 876-4445-3939 Password: 1111

ELLSWORTH
7-8:15 PM
O D L SP H HY
Zoom ID: 899-7366-5879
Alive & Kicking (Hybrid)
Your Place Inc.-8 Old Mill Rd 04605
Rte 1A & 179, behind Sunrise Glass

Maine Area Service Committee (Hybrid)
Last Sunday of every month 12:00 PM - 2:30 PM
(except March 24th & May 19th)
Portland Recovery Community Center
102 Bishop Street, Portland, ME 04103
Zoom ID: 896.4245.3855

LISBON FALLS
5:30 PM-6:30 PM
O B D IW WC Tr
Lisbon Falls Recovery Group
First Baptist Church
59 Sabattus Street 04240

Maine Area H & I / PR / Outreach Meeting (Virtual)
2nd Monday of every month 8:00 PM – 9:00 PM
Zoom ID: 829.8032.9797 No password

SANFORD
7:00 – 8:00 PM
O D WC
Friday Night Special
St. George's Episcopal Church
3 Emerson St. 04073

Miracle Subcommittee Meeting
One Thursdays of each month 8:30 PM – 9:30 PM
80 Sherman St (after the No Name Group meeting)
Portland ME 04101

WATERVILLE
6-7:30 PM
C D L
Waterville Five & Dime
Pleasant St United Methodist Church
61 Pleasant St, 04901
Elevator to 2nd Floor, Dunn Parlor
Open Mtg & celebrations. last Fri. of Month

SATURDAY

BREWER
7:30-8:30 PM
O SP H HY
Zoom ID: 572-681-0574
Ultimate Weapon (Hybrid)
Bangor Area Recovery Network
142 Center St 04412

CARIBOU
7:00-8:00 PM
O D L
Most Powerful Vehicle
Roads To Recovery Community Center
1 Water St. 04736

FARMINGTON
9:15 – 10:30 AM
O D WC
Nine-ish
Franklin County Memorial Hospital
111 Franklin Health Commons 04938
Chisholm Rm

**IF YOU WANT TO USE...
USE THE PHONE!
CONTACT LIST**

Blank lines for contact information and a MEETING CODES table.

Useful Links:

International NA website

<https://www.na.org>

For Literature Orders from NA World Services, visit:

<https://cart-us.na.org/>

Scan here for the **Spiritual Principle A Day** reading



NARCOTICS ANONYMOUS

Maine Meeting List April / May 2024

(04-24-2024)

For the most current meeting list & events
visit: <https://namaine.org>
or call the Helpline.

**Additional meeting lists are available
at the Area Service Committee,
download them from the website,
or photocopy this meeting list.**

"When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on as best we can to the bitter ends – Jails, Institutions or Death – or **Find A New Way To Live**. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man's entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple *spiritual*—*not religious*—program, known as Narcotics Anonymous."



1-833-436-6166



Maine Area Service Committee
PO Box 5309
Portland, ME 04101

Eastern Maine Area Service Committee
PO Box 3533
Brewer, ME 04412

Scan here for the **Just For Today** meditation

