

SUNDAY

BANGOR
10:00AM -11:00 AM
O
Mind, Body, and Spirit
Together Place Peer Run Recovery Center
2 2nd Street 04401

BANGOR
3:00 PM - 4:00 PM
O M Lit
Man Up
Together Place Peer Run Recovery Ctr
2 2nd St. 04401

BANGOR
6-7:00 PM
O Lit
Grateful We're Not Dead
Together Place Peer Run Recovery Center
2 2nd Street 04401

BREWER
6:00 pm-7:15 PM
O CS W D Lit SG
Fix Your Crown
St. Patrick's Church
24 Holyoke St. 04412

BATH
6:00 PM-7:00 PM
O D B WC
Downtown Bath Group
Bath Recovery Community Ctr
15 Vine Street 04530

ELLSWORTH
7-8:15 PM
O D L SP H HY
Alive & Kicking (Hybrid)
Your Place Inc.-8 Old Mill Rd 04605
Route 1A & 179, behind Sunrise Glass
[Zoom ID: 899-7366-5879](https://www.zoom.us/j/899-7366-5879)

KENNEBUNK
6:30-7:30 PM
O D JT
Free At Last
Seven Mile Road Church
75 Portland Rd (US-Route 1), 04043

WATERVILLE
3:00 PM – 4:15 PM
C W Lit D WC
Sunday Serenity
Pleasant St United Methodist Church
61 Pleasant St. 04901
Meets on the 2nd Floor Parlor

MONDAY

BREWER
7:30 pm-8:30 PM
O D H
New Beginnings
Bangor Area Recovery Network
142 Center St. 04412

GUILFORD
7:00-8:00 PM
O L
Take the Next Step
Methodist Church
3 School St. 04443

NEWCASTLE
6:00-7:00 PM
O JT SD CW
The Winners Circle
St. Andrew's Episcopal Church
11 Glidden St. 04553

RAYMOND
7-8:00 PM
O WC Lit
One of Us
Clyde Bailey Drop In Center
1311 Roosevelt Trail 04071

ROCKLAND
6:30-7:30 PM
O D JT CW H
New Attitudes
St Peter's Episcopal Church
11 White Street 04841

SANFORD
1:30 PM-2:30 PM
O CW D WC
Manic Mondays
St. George's Episcopal Church
3 Emerson Street 04073

SANFORD
7:00 8:00 PM
O D WC
The Journey House Group
Journey House Recovery
43 Brook Street 04073
Use side entrance on- Hammond St

TUESDAY

ALFRED
7-8:00 PM
O D WC
How Ya Doing
York County Shelter (near bakery)
147 Shaker Hill Rd. 04002

BANGOR
12:00 -1:00 PM
O
Mind, Body, and Spirit
Together Place
2 2nd Street 04401

BANGOR
6:00-7:00 PM
O L
Grateful We're Not Dead
Together Place Peer Run Recovery Ctr
2 2nd Street 04401

ELLSWORTH
7:00-8:15 PM
O D L S WC HY
[Zoom ID: 899-7366-5879](https://www.zoom.us/j/899-7366-5879)
Alive & Kicking (Hybrid)
Your Place, Inc -8 Old Mill Rd 04605
1A&179, behind Sunrise Glass

FARMINGTON
6:30-7:30 PM
O 12
Dragon Slayers
Henderson Memorial Baptist Church
110 Academy St. 04938

LEWISTON
7:30-9:00 PM
O SD LC HY B
[Zoom ID: 703-065-5462](https://www.zoom.us/j/703-065-5462) Password: Free22
Free and Clean (Hybrid)
Trinity Episcopal Church
247 Bates Street 04240

LISBON FALLS
5:30 PM-6:30 PM
O B D IW WC Tr
Lisbon Falls Recovery Group
First Baptist Church
59 Sabattus Street 04252

NORWAY
5:30-6:30 PM
O D L
HOPE (Hold On Pain Ends)
the HILLS Recovery Center
15 Tannery St. 04268

PORTLAND
7-8:15 PM
O So
Night Share
State Street Church, UCC
159 State Street 04101

WEDNESDAY

BANGOR
6:00-7:00 PM
O GL
Recover Out Loud
Hammond St Congregational Church
28 High St. 04401

BANGOR
6:00-7:15 PM
O D
Man Up
Together Place Peer Run Recovery Ctr
2 2nd St. 04401

BREWER
7:30 pm-8:30 PM
O D H
New Beginnings
Bangor Area Recovery Network
142 Center St. 04412

OLD ORCHARD
7:00-8:15 PM
O WC Lit
Catch the Wave
United Methodist Church, 04064
6 Fountain Ave, 04064

PLEASANT POINT
7:00 PM - 8:00 PM
O D
Ckuwapon Group
Passamaquoddy Head Start
16 Day Care Drive, ME 04667

PORTLAND
7-8:15 PM
O L To
No More Tears
State Street Church, UCC
159 State Street 04101

ROCKLAND
6:30-7:30 PM
O D L LC CW H
New Attitudes
St. Peter's Episcopal Church
11 White St 04841

RUMFORD
6:30-7:30 PM
O D
A Better Way with NA
Larry Labonte Recovery Center
412 Waldo St, ME 04276

SKOWHEGAN
6:00 PM – 7:00 PM
O
To Thine Own Self Be True
Recovery Coaching Center
34 High Street, 04976

TOPSHAM
7:00-8:00 PM
O SG
Clean Slate Group
ABC Baptist Church
1 Elm St, 04086

WATERVILLE
5-6:00 PM
O D CL
Without Parallel
Pleasant St United Methodist Church
61 Pleasant St. 04901
Meets in the chapel on the 2nd Floor

THURSDAY

BANGOR
6:00-7:00 PM
O D
Grateful We're Not Dead
Together Place Peer-Run Recovery Ctr
2 2nd Street 04401

BELFAST
6:30 – 7:30 PM
O B CW D
Second Chances
Belfast United Methodist Church
23 Mill Lane 04915

BRIDGTON
5:30-6:30 PM
O B
NA Our Way
Lakes Region Recovery Center
2 Elm St 04009

CAMDEN
6:30PM - 7:30PM
O To
Topic Stick Meeting
United Methodist Church
98 John Street 04843

CARIBOU
9:00-10:00 AM
O BT D
Most Powerful Vehicle
Roads To Recovery Community Center
1 Water St. 04736

FARMINGTON
2:00 PM-3:00 PM
O JT
Day By Day NA
Franklin County Recovery Center
130 Quebec Street, ME 04938

FARMINGTON
7:00 PM-8:00 PM
Step Awareness (Zoom Only)
[Zoom ID: 524-280-410](https://www.zoom.us/j/524-280-410) no password

GUILFORD
7:00-8:00 PM
O Lit
Take the Next Step
Methodist Church
3 School St. 04443
Big yellow Church

LEWISTON
7:30-9:00 PM
O S D B HY
[Zoom ID: 703-065-5462](https://www.zoom.us/j/703-065-5462) Password: Free22
Free and Clean (Hybrid)
Trinity Episcopal Church
247 Bates Street 04240

MACHIAS
7:00-8:00 PM
O BT D WC
Downeast Group of NA
Downeast Recovery Support Center
11 Free Street 3 School St. 04654

Online Only
7:00-8:15 PM
O S To VM Lit
Table Talk Recovery
[Zoom ID: 889-6662-3118](https://www.zoom.us/j/889-6662-3118)
Password: 576000

PORTLAND
7 -8:00 PM
O D
No Name Group
Sacred Heart Church,
80 Sherman St 04101
On the corner of Sherman & Mellen Streets

SANFORD
7:00 PM - 8:00 PM
O D
the Riverview Thursday Group
1 Riverview Street 04073



For New Hampshire Meeting Information
Call 833-436-6166

Marathons Meetings (<https://virtual-na.org/marathons/>)

24/7 NA International Marathon Meeting
[Zoom ID: 494 965 5895](https://www.zoom.us/j/4949655895) pwd: 1953

24/7 Unity Arabic NA Marathon Meeting
[Zoom ID: 789 268 5208](https://www.zoom.us/j/7892685208)

NANA 24/7 Marathon Meeting
[Zoom ID: 558 544 927](https://www.zoom.us/j/558544927) pwd: 247247

Midnight Madness NA Meeting 24/7
[Zoom ID: 359 711 9478](https://www.zoom.us/j/3597119478)

FRIDAY

AUGUSTA
7:30 PM - 8:30 PM
O L 19 H CS HY
[Zoom ID: 956-5503-2181](#) Password: 0000

The Point of Freedom

Augusta Recovery & Reentry Center
2 Bangor St, 2nd Floor 04330

BANGOR
12:00 -1:00 PM
O

Mind, Body, and Spirit
Together Place
2 2nd Street 04401

BIDDEFORD
7:00-8:15 PM
O D 12 H

Stairway to Freedom
Second Congregational Church
19 Crescent St. 04005

BENEDICTA
7:00 pm - 8:15 PM
O B BT IP

Benedicta Beginners
Saint Benedict's Church
1063 Benedicta Rd, Benedicta 04733

BREWER
7:30 pm-8:30 PM
O D H

New Beginnings
Bangor Area Recovery Network
142 Center St. 04412

ELLSWORTH
7-8:15 PM
O D L SP H HY
[Zoom ID: 899-7366-5879](#)

Alive & Kicking (Hybrid)
Your Place Inc.–8 Old Mill Rd 04605
Rte 1A & 179, behind Sunrise Glass

LISBON FALLS
5:30 PM-6:30 PM
O B D IW WC Tr

Lisbon Falls Recovery Group
First Baptist Church
59 Sabattus Street 04240

SANFORD
7:00 -8:00 PM
O D WC

Friday Night Special
St. George's Episcopal Church
3 Emerson St. 04073

WATERVILLE
6-7:30 PM
C D L

Waterville Five & Dime
Pleasant St United Methodist Church
61 Pleasant St. 04901
Elevator to 2nd Floor, Dunn Parlor
Open Mtg & celebrations. last Fri. of Month

SATURDAY

BREWER
7:30–8:30 PM
O SP H HY
[Zoom ID: 572-681-0574](#)

Ultimate Weapon (Hybrid)
Bangor Area Recovery Network
142 Center St 04412

CARIBOU
7:00-8:00 PM
O D L

Most Powerful Vehicle
Roads To Recovery Community Center
1 Water St. 04736

FARMINGTON
9:15 – 10:30 AM
O D WC

Nine-ish
Franklin County Memorial Hospital
111 Franklin Health Commons 04938
Chisholm Rm

PORTLAND
7-8:15 PM
O D CL

Principles Before Personalities
Williston-Immanuel United Church
156 High St. 04101
Use Deering St. Rear Entrance

SOUTH THOMASTON
6:30-7:30 PM
O D CL

The Keag is Up
People's United Methodist Church
13 Chapel St. 04858

SWAN'S ISLAND
7:00-8:00 PM
O

Swan's Island Group
Mill Pond Health Center
235 Minturn Rd. 04685

AREA EVENTS

Eastern Maine H & I / PR / Outreach Meeting (Hybrid)
3rd Sunday of every month 10:15 AM – 11:00AM
Bangor Area Recovery Network
142 Center Street, Brewer ME 04412
[Zoom ID: 427 726 6967](#) No password

Eastern Maine Area Service Committee (Hybrid)
3rd Sunday of every month 11:00 AM - finish
Bangor Area Recovery Network
142 Center Street, Brewer ME 04412
[Zoom Id: 876-4445-3939](#) Password: 1111

Maine Area Service Committee (Hybrid)
Last Sunday of every month 12:00 PM - 2:30 PM
(except March 24th & May 19th)
Portland Recovery Community Center
102 Bishop Street, Portland, ME 04103
[Zoom ID: 896 4245 3855](#)

Maine Area H & I / PR / Outreach Meeting (Virtual)
2nd Monday of every month 8:00 PM – 9:00 PM
[Zoom ID: 829 8032 9797](#) No password

Miracle Subcommittee Meeting
One Thursdays of each month 8:30 PM – 9:30 PM
80 Sherman St (after the No Name Group meeting)
Portland ME 04101

Scan here for the **Just For Today** meditation



**IF YOU WANT TO USE,,,
USE THE PHONE!**

CONTACT LIST

Empty contact list box with horizontal lines and a MEETING CODES legend at the bottom.

MEETING CODES

- O.....Open Meeting, all welcome
C.....Closed Meeting for addicts and those who think they might have a problem with drugs
CW.....Children Welcome / CS....Children supervised
D..... Discussion B Beginners
SP..... Speaker Meeting BT Basic Text
JFT.....Just For Today 12 Step/Tradition sMeeting
L.....Literature LC Living Clean

Useful Links:

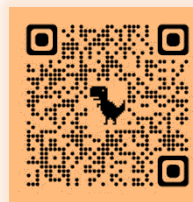
International NA website

<https://www.na.org>

For Literature Orders from NA World Services, visit:

<https://cart-us.na.org/>

Scan here for the **Spiritual Principle A Day** reading



**NARCOTICS
ANONYMOUS**

**Maine Meeting List
April / May 2024**

(04-24-2024)

For the most current meeting list & events visit: <https://namaine.org> or call the Helpline.

Additional meeting lists are available at the Area Service Committee, download them from the website, or photocopy this meeting list.

“When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on as best we can to the bitter ends – Jails, Institutions or Death – or Find A New Way To Live. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man’s entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual—not religious—program, known as Narcotics Anonymous.”

✦ HELPLINE ✦

1-833-436-6166



Maine Area Service Committee
PO Box 5309
Portland, ME 04101

Eastern Maine Area Service Committee
PO Box 3533
Brewer, ME 04412