

SUNDAY**BANGOR**

6-7:00 PM
O Lit

Grateful We're Not Dead

Together Place Peer Run Recovery Center
2 2nd Street 04401

BATH

6:00 PM-7:00 PM
O D B WC

Downtown Bath Group

Bath Recovery Community Ctr
15 Vine Street 04530

ELLSWORTH

7-8:15 PM
O D L SP H HY

Alive & Kicking (Hybrid)

Your Place Inc.—8 Old Mill Rd 04605
Route 1A & 179, behind Sunrise Glass
[Zoom ID: 899-7366-5879](https://www.zoom.us/j/899-7366-5879)

KENNEBUNK

6:30-7:30 PM
O D JT

Free At Last

Seven Mile Road Church
75 Portland Rd (US-Route 1), 04043

WATERVILLE

3:00 PM – 4:15 PM
C W Lit D WC

Sunday Serenity

Pleasant St United Methodist Church
61 Pleasant St. 04901
Meets on the 2nd Floor Parlor

MONDAY**BANGOR**

12:00 -1:00 PM
O

Mind, Body, and Spirit

Together Place
2 2nd Street 04401

BANGOR

6:00–7:00 PM
O GL

Recover Out Loud

Hammond St Congregational Church
28 High St. 04401

BREWER

7:30 pm-8:30 PM
O D H HY

New Beginnings (Hybrid)

Bangor Area Recovery Network
142 Center St. 04412

[Zoom ID: 720-730-1505](https://www.zoom.us/j/720-730-1505)

GUILFORD

7:00-8:00 PM
O L

Take the Next Step

Methodist Church
3 School St. 04443

NEWCASTLE

6:00-7:00 PM
O JT SD CW

The Winners Circle

St. Andrew's Episcopal Church
11 Glidden St. 04553

PORTLAND

7 - 8:00 PM
O WC

Living Clean

Portland Recovery Community Center
102 Bishop St. 04103

RAYMOND

7-8:00 PM
O WC Lit

One of Us

Clyde Bailey Drop In Center
1311 Roosevelt Trail 04071

ROCKLAND

6:30-7:30 PM
O D JT CW H

Coastal Recovery Group

St Peter's Episcopal Church
11 White Street 04841

SANFORD

1-2:00 PM
O CW D WC

Manic Mondays

St. George's Episcopal Church
3 Emerson Street 04073

SANFORD

7:00 8:00 PM
O D WC

The Journey Group

Journey House Recovery
43 Brook Street 04073
Use side entrance on- Hammond St

TUESDAY**ALFRED**

7-8:00 PM
O D WC

How Ya Doing

York County Shelter (near bakery)
147 Shaker Hill Rd. 04002

AUGUSTA

7-8:00 PM
O D WC

Welcome Chance

Augusta Recovery & Reentry Center
2 Bangor St 04330 2nd Floor

BANGOR

12:00 -1:00 PM
O

Mind, Body, and Spirit

Together Place
2 2nd St 04401

BANGOR

6:00-7:00 PM
O L

Grateful We're Not Dead

Together Place Peer Run Recovery Ctr
2 2nd Street 04401

ELLSWORTH

7:00-8:15 PM
O D L S WC HY

Alive & Kicking (Hybrid)

Your Place, Inc –8 Old Mill Rd 04605
1A&179, behind Sunrise Glass

[Zoom ID: 899-7366-5879](https://www.zoom.us/j/899-7366-5879)

FARMINGTON

6:30-7:30 PM
O 12

Dragon Slayers

Henderson Memorial Baptist Church
110 Academy St. 04938

LEWISTON

8:15-9:15 PM
O D L HY St

Free and Clean (Hybrid)

R.E.S.T. Center Mtg Room #2
205 Main St 04240

[Zoom ID: 703-065-5462](https://www.zoom.us/j/703-065-5462) Password: Free22

NORWAY

7:00–8:00 PM
O D L

HOPE (Hold On Pain Ends)

Old Yellow Schoolhouse
160 Main St. 04268

PORTLAND

7-8:15 PM
O So

Night Share

State Street Church, UCC
159 State Street 04101

WATERVILLE

6:00 PM – 7:30 PM
O D CL

anonymous NA meeting

Pleasant St United Methodist Church
61 Pleasant St. 04901

Meets on the 2nd Floor 1st door on left

WEDNESDAY**BANGOR**

6:00–7:00 PM
O GL

Recover Out Loud

Hammond St Congregational Church
28 High St. 04401

BANGOR

6:00–7:15 PM
O D

Man Up

Together Place Peer Run Recovery Ctr
2 2nd St. 04401

BREWER

7:30 pm-8:30 PM
O D H HY

[Zoom ID: 720-730-1505](https://www.zoom.us/j/720-730-1505)

New Beginnings (Hybrid)

Bangor Area Recovery Network
142 Center St. 04412

ELLSWORTH

6:00 PM - 7:00 PM
O D

Know Hope

Inspire Recovery Ctr -Healthy Acadia
24 Church Street 04605

OLD ORCHARD

7:00-8:15 PM
O WC Lit

Catch the Wave

United Methodist Church, 04064
6 Fountain Ave, 04064

PORTLAND

7-8:15 PM
O L To

No More Tears

State Street Church, UCC
159 State Street 04101

ROCKLAND

6:30-7:30 PM
O D L LC CW H

New Attitudes

St. Peter's Episcopal Church
11 White St 04841

RUMFORD

6:30-7:30 PM
O D

A Better Way with NA

Larry Labonte Recovery Center
412 Waldo St, ME 04276

TOPSHAM

7:00-8:00 PM
O SG

Clean Slate Group

ABC Baptist Church
1 Elm St, 04086

WATERVILLE

5-6:00 PM
O D CL

Without Parallel

Pleasant St United Methodist Church
61 Pleasant St. 04901

Meets in the chapel on the 2nd Floor

THURSDAY**BANGOR**

6:00-7:00 PM
O D

Grateful We're Not Dead

Together Place Peer-Run Recovery Ctr
2 2nd Street 04401

BATH

5:30-6:30 PM
O D B WC

Downtown Bath Group

Bath Recovery Community Ctr
15 Vine Street 04530

BRIDGTON

5:30-6:30 PM
O B

NA Our Way

Lakes Region Recovery Center
2 Elm St 04009

CARIBOU

9:00-10:00 AM
O BT D

Most Powerful Vehicle

Roads To Recovery Community Center
1 Water St. 04736

FARMINGTON

7-8:00 PM
C St Lit WC HY

Step Awareness (Hybrid)

Franklin County Memorial Hospital
111 Franklin Health Commons

Farmington, ME, 04938

[Zoom ID: 524-280-410](https://www.zoom.us/j/524-280-410) no password

GUILFORD

7:00-8:00 PM
O Lit

Take the Next Step

Methodist Church
3 School St. 04443
Big yellow Church

LEWISTON

8:00–9:00 PM
O To HY SD

[Zoom ID: 703-065-5462](https://www.zoom.us/j/703-065-5462) Password: Free22

Free and Clean (Hybrid)

R.E.S.T. Center
205 Main Street 04240

MACHIAS

7:00-8:00 PM
O BT D WC

Downeast Group of NA

Downeast Recovery Support Center
11 Free Street 3 School St. 04654

Online Only

7:00-8:15 PM
O S To VM Lit

Table Talk Recovery (Online Only)

[Zoom ID: 889-6662-3118](https://www.zoom.us/j/889-6662-3118)
Password: 576000

PORTLAND

7 -8:00 PM
O D

On the corner of Sherman & Mellen Streets

No Name Group

Sacred Heart Church,
80 Sherman St 04101

SANFORD

6:30 PM - 7:30 PM
O D

the Riverview Thursday Group

1 Riverview Street 04073



For New Hampshire Meeting Information
888-624-3578

Marathons Meetings (<https://virtual-na.org/marathons/>)

24/7 NA International Marathon Meeting
[Zoom ID: 494 965 5895](https://www.zoom.us/j/4949655895) pwd: 1953

24/7 Unity Arabic NA Marathon Meeting
[Zoom ID: 789 268 5208](https://www.zoom.us/j/7892685208)

NANA 24/7 Marathon Meeting
[Zoom ID: 558 544 927](https://www.zoom.us/j/558544927) pwd: 247247

Midnight Madness NA Meeting 24/7
[Zoom ID: 359 711 9478](https://www.zoom.us/j/3597119478)

FRIDAY

AUGUSTA

7:00-8:00 PM
O L 19 H CS HY
Zoom ID: [956-5503-2181](https://us02am.zoom.us/j/956-5503-2181) passcode: 801687

The Point of Freedom

Augusta Recovery & Reentry Center
2 Bangor St 04330 2nd Floor

BANGOR

12:00 -1:00 PM
O

Mind, Body, and Spirit

Together Place Peer Run Recovery Center
2 2nd St 04401

BIDDEFORD

7:00-8:15 PM
O D 12 H

Stairway to Freedom

Second Congregational Church
19 Crescent St. 04005

BREWER

7:30 pm-8:30 PM
O D H HY
Zoom ID: [720-730-1505](https://us02am.zoom.us/j/720-730-1505)

New Beginnings (Hybrid)

Bangor Area Recovery Network
142 Center St. 04412

ELLSWORTH

7-8:15 PM
O D L SP H HY
Zoom ID: [899-7366-5879](https://us02am.zoom.us/j/899-7366-5879)

Alive & Kicking (Hybrid)

Your Place Inc.—8 Old Mill Rd 04605
Rte 1A & 179, behind Sunrise Glass

PORTLAND

12-1:00 PM
O D Lit H

One is Too Many...

Portland Recovery Community Center
102 Bishop St. 04103

ROCKLAND

6:30-7:30 PM
O D L LC CW H

Our Gratitude Speaks

St. Peter's Episcopal Church
11 White St 04841

SANFORD

7:30 -8:30 PM
O D WC

Friday Night Special

St. George's Episcopal Church
3 Emerson St. 04073

WATERVILLE

6-7:30 PM
C D L

Waterville Five & Dime

Pleasant St United Methodist Church
61 Pleasant St. 04901
Elevator to 2nd Floor, Dunn Parlor
Open Mtg & celebrations. last Fri. of Month

SATURDAY

BANGOR

1:00-2:00 PM
O LGBTQIA+

Recover Out Loud

Hammond St Congregational Church
28 High St. 04401

BREWER

7:30-8:30 PM
O SP H HY
Zoom ID: [572-681-0574](https://us02am.zoom.us/j/572-681-0574)

Ultimate Weapon (Hybrid)

Bangor Area Recovery Network
142 Center St 04412

CARIBOU

7:00-8:00 PM
O D L

Most Powerful Vehicle

Roads To Recovery Community Center
1 Water St. 04736

FARMINGTON

9:15 - 10:30 AM
O D WC

Nine-ish

Franklin County Memorial Hospital
111 Franklin Health Commons 04938

Chisholm Rm

PORTLAND

7-8:15 PM
O D CL

Principles Before Personalities

Williston-Immanuel United Church
156 High St. 04101
Use Deering St. Rear Entrance

S THOMASTON

6:30-7:30 PM
O D CL

The Keag is Up

People's United Methodist Church
13 Chapel St. 04858

SWAN'S ISLAND

7:00-8:00 PM
O

Swan's Island Group

Mill Pond Health Center
235 Minturn Rd. 04685

AREA EVENTS

Maine H & I / PR / Outreach Meeting (Virtual)

2nd Tuesday of every month 9:00 PM
Zoom ID: [857-9267-5719](https://us02am.zoom.us/j/857-9267-5719) Password: 762220

Eastern Maine H & I / PR / Outreach Meeting (Hybrid)

3rd Sunday of every month 10:15 AM – 11:00AM
Bangor Area Recovery Network
142 Center Street, Brewer ME 04412
Zoom ID: [427 726 6967](https://us02am.zoom.us/j/427-726-6967) No password

Eastern Maine Area Service Committee (Hybrid)

3rd Sunday of every month 11:00 AM - finish
Bangor Area Recovery Network
142 Center Street, Brewer ME 04412
Zoom ID: [812 6943 9450](https://us02am.zoom.us/j/812-6943-9450) No password

Maine Area Service Committee (Hybrid)

05/21/2023 12:00 PM – 2:30 PM
Portland Recovery Community Center
102 Bishop Street, Portland, ME 04103
Zoom ID: [896 4245 3855](https://us02am.zoom.us/j/896-4245-3855)

5th Annual Spiritually Refreshed Retreat

September 1, 2023 @ 04:00 pm –
September 3, 2023 @ 12:00 pm
Jacksonville Campground Tabernacle Circle
East Machias, ME 04630

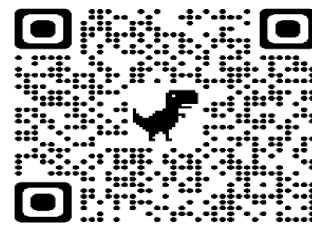


We're A Miracle XL Convention

Doing The Most Unnatural Thing

9/15/2023
12:00 PM – 9/17/2023 12:00 PM
Seasons Event and Conference Center
155 Riverside St, Portland ME 04103
\$50 registration

[https://namaine.org /event/were-a-miracl...](https://namaine.org/event/were-a-miracl...)



**IF YOU WANT TO USE,,,USE THE PHONE!
CONTACT LIST**

Blank lines for contact information.

MEETING CODES

- O..... Open Meeting, all welcome
- C..... Closed Meeting for addicts and those who think they might have a problem with drugs
- CW.....Children Welcome / CSChildren supervised
- D..... Discussion B Beginners
- SP..... Speaker Meeting BT Basic Text
- JFT..... Just For Today 12 Step/Tradition sMeeting
- L..... Literature LC Living Clean
- H..... Handicapped Accessible SD Speaker/Discussion
- I..... Institution W Women's Meeting
- M..... Men's Meeting CL Candlelight
- Topic.....Topic Rr..... Round Robin
- So.....Speaker Only



NARCOTICS ANONYMOUS

**Maine Meeting List
JULY & AUGUST 2023**

(07-26-2023)

For the most current meeting list & events visit: <https://namaine.org> or call the Helpline.

For additional meeting lists, get them at the Area Service Committee, download them from the website, or photocopy this meeting list.

"When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on as best we can to the bitter ends – Jails, Institutions or Death – or **Find A New Way To Live**. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man's entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual—not religious—program, known as Narcotics Anonymous."

✦ HELPLINE ✦

1-833-436-6166



Maine Area Service Committee
PO Box 5309
Portland, ME 04101

Eastern Maine Area Service Committee
PO Box 3533
Brewer, ME 04412