

**SUNDAY****BANGOR**

6-7:00 PM  
O Lit

**BATH**

6:00 PM-7:00 PM  
O D B WC

**ELLSWORTH**

7-8:15 PM  
O D L SP H HY

**KENNEBUNK**

6:30-7:30 PM  
O D JT

**MONDAY****BANGOR**

12:00 -1:00 PM  
O

**BANGOR**

6:00-7:00 PM  
O GL

**BREWER**

7:30 pm-8:30 PM  
O D H HY  
[Zoom ID: 720-730-1505](https://www.zoom.us/j/7207301505)

**GUILFORD**

7:00-8:00 PM  
O L

**NEWCASTLE**

6:00-7:00 PM  
O JT SD CW

**PORTLAND**

12-1:00 PM  
O WC

**RAYMOND**

7-8:00 PM  
O WC Lit

**ROCKLAND**

6:30-7:30 PM  
O D JT CW H

**SANFORD**

1-2:00 PM  
O CW D WC

**SANFORD**

7:00 8:00 PM  
O D WC

**Grateful We're Not Dead**

Together Place Peer Run Recovery Center  
2 2nd Street 04401

**Downtown Bath Group**

Bath Recovery Community Ctr  
15 Vine Street 04530

**Alive & Kicking (Hybrid)**

Your Place Inc.-8 Old Mill Rd 04605  
Route 1A & 179, behind Sunrise Glass  
[Zoom ID: 899-7366-5879](https://www.zoom.us/j/89973665879)

**Free At Last**

Seven Mile Church  
75 Portland Rd (US-Route 1), 04043

**Mind, Body, and Spirit**

Together Place  
2 2nd Street 04401

**Recover Out Loud**

Hammond St Congregational Church  
28 High St. 04401

**New Beginnings (Hybrid)**

Bangor Area Recovery Network  
142 Center St. 04412

**Take the Next Step**

Methodist Church  
3 School St. 04443

**The Winners Circle**

St. Andrew's Episcopal Church  
11 Glidden St. 04553

**Living Clean**

Portland Recovery Community Center  
102 Bishop St. 04103

**One of Us**

Clyde Bailey Drop In Center  
1311 Roosevelt Trail 04071

**Coastal Recovery Group**

St Peter's Episcopal Church  
11 White Street 04841

**new meeting (More Will Be Revealed)**

St. George's Episcopal Church  
3 Emerson Street 04073

**The Journey Group**

Journey House Recovery  
43 Brook Street 04073  
Use side entrance on- Hammond St

**TUESDAY****ALFRED**

7-8:00 PM  
O D WC

**BANGOR**

12:00 -1:00 PM  
O

**BANGOR**

6:00-7:00 PM  
O L

**ELLSWORTH**

7:00-8:15 PM  
O D L S WC HY  
[Zoom ID: 899-7366-5879](https://www.zoom.us/j/89973665879)

**FARMINGTON**

6:30-7:30 PM  
O 12

**LEWISTON**

8:15-9:15 PM  
O D L HY St  
[Zoom ID: 703-065-5462](https://www.zoom.us/j/7030655462) Password: Free22

**NORWAY**

7:00-8:00 PM  
O D L

**PORTLAND**

7-8:15 PM  
O So

**SANFORD**

6:30 PM - 7:30 PM  
O D

**WEDNESDAY****BANGOR**

6:00-7:00 PM  
O GL

**BANGOR**

6:00-7:15 PM  
O D

**BREWER**

7:30 pm-8:30 PM  
O D H HY  
[Zoom ID: 720-730-1505](https://www.zoom.us/j/7207301505)

**ELLSWORTH**

6:00 PM - 7:00 PM  
O D

**How Ya Doing**

York County Shelter  
(next to the bakery)  
147 Shaker Hill Rd. 04002

**Mind, Body, and Spirit**

Together Place  
2 2nd St 04401

**Grateful We're Not Dead**

Together Place Peer Run Recovery Ctr  
2 2nd Street 04401

**Alive & Kicking (Hybrid)**

Your Place, Inc -8 Old Mill Rd 04605  
1A&179, behind Sunrise Glass

**Dragon Slayers**

Henderson Memorial Baptist Church  
110 Academy St. 04938

**Free and Clean (Hybrid)**

R.E.S.T. Center Mtg Room #2  
205 Main St 04240

**HOPE (Hold On Pain Ends)**

Old Yellow Schoolhouse  
160 Main St. 04268

**Night Share**

State Street Church, UCC  
159 State Street 04101

**the Riverview Thursday Group**

1 Riverview Street 04073

**Recover Out Loud**

Hammond St Congregational Church  
28 High St. 04401

**Man Up**

Together Place Peer Run Recovery Ctr  
2 2nd St. 04401

**New Beginnings (Hybrid)**

Bangor Area Recovery Network  
142 Center St. 04412

**Know Hope**

Inspire Recovery Ctr -Healthy Acadia  
24 Church Street 04605

**OLD ORCHARD**

7:00-8:15 PM  
O WC Lit

**PORTLAND**

7-8:15 PM  
O L To

**ROCKLAND**

6:30-7:30 PM  
O D L LC CW H

**RUMFORD**

6:30-7:30 PM  
O D

**SANFORD**

1:00 PM - 2:00 PM  
O D JT NC To WC  
*Under 18 are not allowed (Facility policy)*

**TOPSHAM**

7:00-8:00 PM  
O SG

**WATERVILLE**

5-6:00 PM  
O D CL

**THURSDAY****BANGOR**

6:00-7:00 PM  
O D

**BATH**

5:30-6:30 PM  
O D B WC

**BRIDGTON**

5:30-6:30 PM  
O B

**CARIBOU**

9:00-10:00 AM  
O BT D

**CAMDEN**

6:00-7:00 PM  
O To CW

**FARMINGTON**

12:00 - 1:00 PM  
O To

**FARMINGTON**

7-8:00 PM  
C St Lit WC HY

[Zoom ID: 524-280-410](https://www.zoom.us/j/524280410) no password

**Catch the Wave**

United Methodist Church, 04064  
6 Fountain Ave, 04064

**No More Tears**

State Street Church, UCC  
159 State Street 04101

**New Attitudes**

St. Peter's Episcopal Church  
11 White St 04841

**A Better Way with NA**

Larry Labonte Recovery Center  
412 Waldo St, ME 04276

**Mid Day Miracles**

Sanford Peer Center  
19 Washington Street 04073

**Clean Slate Group**

ABC Baptist Church  
1 Elm St, 04086

**Without Parallel**

Pleasant St United Methodist Church  
61 Pleasant St. 04901  
Meets in the chapel on the 2<sup>nd</sup> Floor

**Grateful We're Not Dead**

Together Place Peer-Run Recovery Ctr  
2 2<sup>nd</sup> Street 04401

**Downtown Bath Group**

Bath Recovery Community Ctr  
15 Vine Street 04530

**NA Our Way**

Lakes Region Recovery Center  
2 Elm St 04009

**Most Powerful Vehicle**

Roads To Recovery Community Center  
1 Water St. 04736

**The Topic Sticks**

John's Street United Methodist  
98 John St 04843

**Recovery 4 Us By Us**

St. Joseph's Community Center  
130 Quebec Street, 04938

**Step Awareness (Hybrid)**

Franklin County Memorial Hospital  
111 Franklin Health Commons  
Farmington, ME, 04938

**GUILFORD**

7:00-8:00 PM  
O Lit

**LEWISTON**

8:00-9:00 PM  
O To HY SD  
[Zoom ID: 703-065-5462](https://www.zoom.us/j/7030655462) Password: Free22

**MACHIAS**

7:00-8:00 PM  
O BT D WC

**Online Only**

7:00-8:15 PM  
O S To VM Lit

**PORTLAND**

7 -8:00 PM  
O D  
On the corner of Sherman & Mellen Streets

**SANFORD**

6:30 PM - 7:30 PM  
O D

**Take the Next Step**

Methodist Church  
3 School St. 04443  
Big yellow Church

**Free and Clean (Hybrid)**

R.E.S.T. Center  
205 Main Street 04240

**Downeast Group of NA**

Downeast Recovery Support Center  
11 Free Street 3 School St. 04654

**Table Talk Recovery (Online Only)**

[Zoom ID: 889-6662-3118](https://www.zoom.us/j/88966623118)  
Password: 576000

**No Name Group**

Sacred Heart Church,  
80 Sherman St 04101

**the Riverview Thursday Group**

1 Riverview Street 04073



For New Hampshire Meeting Information  
888-624-3578

**Marathons Meetings (<https://virtual-na.org/marathons/>)**

24/7 NA International Marathon Meeting  
[Zoom ID: 494 965 5895](https://www.zoom.us/j/4949655895) pwd: 1953

24/7 Unity Arabic NA Marathon Meeting  
[Zoom ID: 789 268 5208](https://www.zoom.us/j/7892685208)

NANA 24/7 Marathon Meeting  
[Zoom ID: 558 544 927](https://www.zoom.us/j/558544927) pwd: 247247

**Midnight Madness NA Meeting 24/7**  
[Zoom ID: 359 711 9478](https://www.zoom.us/j/3597119478)



# NARCOTICS ANONYMOUS

## Maine Meeting List APRIL & MAY 2023

(04-27-2023)

For the most current meeting list & events visit: <https://namaine.org> or call the Helpline.

**For additional meeting lists, get them at the Area Service Committee, download them from the website. or photocopy this meeting list.**

"When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on as best we can to the bitter ends – Jails, Institutions or Death – or **Find A New Way To Live**. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man's entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual—not religious—program, known as Narcotics Anonymous."

## ✦ HELPLINE ✦

# 1-800-974-0062



Maine Area Service Committee  
PO Box 5309  
Portland, ME 04101

Eastern Maine Area Service Committee  
PO Box 3533  
Brewer, ME 04412

### IF YOU WANT TO USE ... USE THE PHONE! CONTACT LIST

Empty lines for contact information.

#### MEETING CODES

- O** ..... Open Meeting, all welcome
- C** ..... Closed Meeting for addicts and those who think they might have a problem with drugs
- 19** ..... Restrictions due to Covid 19
- CW** ..... Children Welcome
- CS** ..... Children under supervision
- D** ..... Discussion
- B** ..... Beginners
- SP** ..... Speaker Meeting
- BT** ..... Basic Text
- JFT** ..... Just For Today
- 12** ..... Step/Tradition Meeting
- L** ..... Literature
- LC** ..... Living Clean
- H** ..... Handicapped Accessible
- SD** ..... Speaker/Discussion
- 19** ..... Restrictions due to Covid-19
- I** ..... Institution
- W** ..... Women's Meeting
- M** ..... Men's Meeting
- CL** ..... Candlelight
- Topic** ..... Topic
- Rr** ..... Round Robin
- So** ..... Speaker Only

#### PORTLAND

7-8:15 PM  
O D CL

#### Principles Before Personalities

Williston-Immanuel United Church  
156 High St. 04101  
Use Deering St. Rear Entrance

#### S THOMASTON

6:30-7:30 PM  
O D CL

#### The Keag is Up

People's United Methodist Church  
13 Chapel St. 04858

#### SWAN'S ISLAND

7:00-8:00 PM  
O

#### Swan's Island Group

Mill Pond Health Center  
235 Minturn Rd. 04685

### AREA EVENTS

#### Maine H & I / PR / Outreach Meeting (Virtual)

2<sup>nd</sup> Tuesday of every month 9:00 PM  
[Zoom ID: 857-9267-5719](https://us02zoom.us/j/85792675719) Password: 762220

#### Eastern Maine H & I / PR / Outreach Meeting (Hybrid)

3rd Sunday of every month 10:15 AM – 11:00AM  
Bangor Area Recovery Network  
142 Center Street, Brewer ME 04412  
[Zoom ID: 427 726 6967](https://us02zoom.us/j/4277266967) No password

#### Eastern Maine Area Service Committee (Hybrid)

3rd Sunday of every month 11:00 AM - finish  
Bangor Area Recovery Network  
142 Center Street, Brewer ME 04412  
[Zoom ID: 812 6943 9450](https://us02zoom.us/j/81269439450) No password

#### Maine Area Service Committee (Hybrid)

05/21/2023 12:00 PM – 2:30 PM  
Portland Recovery Community Center  
102 Bishop Street, Portland, ME 04103  
[Zoom ID: 896 4245 3855](https://us02zoom.us/j/89642453855)

#### More Will Be Revealed Speaker Jam

6/10/2023 12:00 PM – 6:00 PM  
Portland Recovery Community Center  
102 Bishop Street, Portland, ME 04103

#### We're A Miracle XL Convention

**Doing The Most Unnatural Thing**  
9/15/2023 12:00 PM – 9/17/2023 12:00 PM  
Seasons Event and Conference Center  
155 Riverside St, Portland ME 04103  
\$50 registration

<https://namaine.org/event/were-a-miracl...>



### FRIDAY

#### AUGUSTA

7:00-8:00 PM  
O L 19 H CS HY  
[Zoom ID: 956-5503-2181](https://us02zoom.us/j/95655032181) [passcode: 801687](https://us02zoom.us/j/801687)

#### The Point of Freedom

Augusta Recovery & Reentry Center  
2 Bangor St 04330 2<sup>nd</sup> Floor

#### BANGOR

12:00 -1:00 PM  
O

#### Mind, Body, and Spirit

Together Place Peer Run Recovery Center  
2 2nd St 04401

#### BIDDEFORD

7:00-8:15 PM  
O D 12 H

#### Stairway to Freedom

Second Congregational Church  
19 Crescent St. 04005

#### BREWER

7:30 pm-8:30 PM  
O D H HY  
[Zoom ID: 720-730-1505](https://us02zoom.us/j/7207301505)

#### New Beginnings (Hybrid)

Bangor Area Recovery Network  
142 Center St. 04412

#### ELLSWORTH

7-8:15 PM  
O D L SP H HY  
[Zoom ID: 899-7366-5879](https://us02zoom.us/j/89973665879)

#### Alive & Kicking (Hybrid)

Your Place Inc.—8 Old Mill Rd 04605  
Rte 1A & 179, behind Sunrise Glass

#### PORTLAND

12-1:00 PM  
O D Lit H

#### We're All In This Together

Portland Recovery Community Center  
102 Bishop St. 04103

#### ROCKLAND

6:30 -7:30 PM  
O So CW

#### Our Gratitude Speaks

MidCoast Strong  
143 Maverick St. 04841

#### SANFORD

7:30 -8:30 PM  
O D WC

#### Friday Night Special

St. George's Episcopal Church  
3 Emerson St. 04073

#### WATERVILLE

6-7:30 PM  
C D L

#### Waterville Five & Dime

Pleasant St United Methodist Church  
61 Pleasant St. 04901  
Elevator to 2<sup>nd</sup> Floor, Dunn Parlor  
Open Mtg & celebrations. last Fri. of Month

### SATURDAY

#### BANGOR

1:00-2:00 PM  
O LGBTQIA+

#### Recover Out Loud

Hammond St Congregational Church  
28 High St. 04401

#### BREWER

7:30-8:30 PM  
O SP H HY  
[Zoom ID: 572-681-0574](https://us02zoom.us/j/5726810574)

#### Ultimate Weapon (Hybrid)

Bangor Area Recovery Network  
142 Center St 04412

#### CARIBOU

7:00-8:00 PM  
O D L

#### Most Powerful Vehicle

Roads To Recovery Community Center  
1 Water St. 04736

#### FARMINGTON

9:15 – 10:30 AM  
O D WC

#### Nine-ish

Franklin County Memorial Hospital  
111 Franklin Health Commons, Chisholm Rm