

**SUNDAY****BANGOR**6:7:00 PM  
O Lit**BATH**5:30-6:30 PM  
O D B**ELLSWORTH**7-8:15 PM  
O D L SP H HY  
[Zoom ID: 899-7366-5879](https://www.zoom.us/j/899-7366-5879)**KENNEBUNK**6:30-7:30 PM  
O D H**MONDAY****BANGOR**12:00 -1:00 PM  
O**BANGOR**6:00–7:00 PM  
O GLGBTQIA+**BREWER**7:30 pm-8:30 PM  
O D H HY  
[Zoom ID: 720-730-1505](https://www.zoom.us/j/720-730-1505)**GUILFORD**7:00-8:00 PM  
O L**NEWCASTLE**6:00-7:00 PM  
O JT SD CW**PORTLAND**12-1:00 PM  
O H**RAYMOND**7-8:00 PM  
O L H HY**ROCKLAND**6:30-7:30 PM  
O D JT CW H**SANFORD**7:00 8:00 PM  
O D WC  
Please use the side entrance on Hammond Street.**Grateful We're Not Dead**Together Place Peer Run Recovery Center  
2 2nd Street 04401**Downtown Bath Group**Bath Recovery Community Ctr  
15 Vine Street 04530**Alive & Kicking (Hybrid)**Your Place Inc.–8 Old Mill Rd 04605  
Rte 1A & 179, behind Sunrise Glass**Free At Last**Christ Church - Rear Door  
6 Dane Street, 04043**Mind, Body, and Spirit**Together Place Peer Run Recovery Center  
2 Second Street 04401**Recover Out Loud**Hammond St Congregational Church  
28 High St. 04401**New Beginnings (Hybrid)**Bangor Area Recovery Network  
142 Center St. 04412**Take the Next Step**Methodist Church  
3 School St. 04443  
Big yellow Church**The Winners Circle**St. Andrew's Episcopal Church  
11 Glidden St. 04553**Living Clean**Portland Recovery Community Center  
102 Bishop St. 04103**One of Us**Clyde Bailey Drop In Center  
1311 Roosevelt Trail 04071**Coastal Recovery Group**St Peter's Episcopal Church  
11 White Street 04841**The Journey Group**Journey House Recovery  
43 Brook Street 04073**TUESDAY****ALFRED**7-8:00 PM  
O D WC**BANGOR**12:00 -1:00 PM  
O**BANGOR**6:00-7:00 PM  
O L**ELLSWORTH**7:00-8:15 PM  
O D L SP H HY  
[Zoom ID: 899-7366-5879](https://www.zoom.us/j/899-7366-5879)**FARMINGTON**6:30-7:30 PM  
O 12**LEWISTON**8:15-9:15 PM  
O L To  
[Zoom ID: 703-065-5462](https://www.zoom.us/j/703-065-5462) Password: Free22**NORWAY**7:00–8:00 PM  
O D L HY**PORTLAND**7-8:15 PM  
O SP**WEDNESDAY****BANGOR**6:00–7:00 PM  
O LGBTQIA+**BANGOR**6:00–7:15 PM  
O D HY**BREWER**7:30 pm-8:30 PM  
O D H HY  
[Zoom ID: 720-730-1505](https://www.zoom.us/j/720-730-1505)**ELLSWORTH**6:00 PM - 7:00 PM  
O D**OLD ORCHARD**7:00-8:15 PM  
O L H HY**How Ya Doing**York County Shelter  
(next to the bakery)  
147 Shaker Hill Rd. 04002**Mind, Body, and Spirit**Together Place Peer Run Recovery Ctr  
2 Second St 04401**Grateful We're Not Dead**Together Place Peer Run Recovery Ctr  
2 2nd Street 04401**Alive & Kicking (Hybrid)**Your Place, Inc –8 Old Mill Rd 04605  
1A&179, behind Sunrise Glass**Dragon Slayers**Henderson Memorial Baptist Church  
110 Academy St. 04938**Free and Clean (Hybrid)**R.E.S.T. Center Mtg Room #2  
205 Main St 04240  
[Zoom ID: 703-065-5462](https://www.zoom.us/j/703-065-5462) Password: Free22**HOPE (Hold On Pain Ends)**Old Yellow Schoolhouse  
160 Main St. 04268**Night Share**State Street Church, UCC  
159 State Street 04101**Recover Out Loud**Hammond St Congregational Church  
28 High St. 04401**Man Up**Together Place Peer Run Recovery Ctr  
2 Second St. 04401**New Beginnings (Hybrid)**Bangor Area Recovery Network  
142 Center St. 04412**Know Hope**Inspire Recovery Ctr -Healthy Acadia  
24 Church Street 04605**Catch the Wave**United Methodist Church, 04064  
6 Fountain Ave, 04064**PORTLAND**7-8:15 PM  
O L Topic**ROCKLAND**6:30-7:30 PM  
O D L LC CW H**RUMFORD**6:30-7:30 PM  
O D**SANFORD**1:00 PM - 2:00 PM  
O D**TOPSHAM**7:00-8:00 PM  
O 12**WATERVILLE**5-6:00 PM  
O D CL**THURSDAY****BANGOR**6:00-7:00 PM  
O D**BATH**5:30-6:30 PM  
O D B**BRIDGTON**5:30-6:30 PM  
O**CARIBOU**9:00-10:00 AM  
O BT D HY**CAMDEN**6:00-7:00 PM  
O Topic CW**FARMINGTON**7-8:00 PM  
C St Lit WC HY  
[Zoom ID: 524-280-410](https://www.zoom.us/j/524-280-410) [no password](#)**GUILFORD**7:00-8:00 PM  
O L**No More Tears**State Street Church, UCC  
159 State Street 04101**New Attitudes**St. Peter's Episcopal Church  
11 White St 04841**River ValleyNA**Larry Labonte Recovery Center  
412 Waldo St, ME 04276**new NA Group**Sanford Peer Center  
19 Washington Street 04073**Clean Slate Group**ABC Baptist Church  
1 Elm St, 04086**Without Parallel**Pleasant St United Methodist Church  
61 Pleasant St. 04901  
Meets in the chapel on the second floor**Grateful We're Not Dead**Together Place Peer-Run Recovery Ctr  
2 2<sup>nd</sup> Street 04401**Downtown Bath Group**Bath Recovery Community Ctr  
15 Vine Street 04530**NA Our Way**Lakes Region Recovery Center  
2 Elm St 04009**Most Powerful Vehicle**Roads To Recovery Community Center  
1 Water St. 04736**The Topic Sticks**John's Street United Methodist  
98 John St 04843**Step Awareness (Hybrid)**Franklin County Memorial Hospital  
111 Franklin Health Commons  
Farmington, ME, 04938**Take the Next Step**Methodist Church  
3 School St. 04443  
Big yellow Church**LEWISTON**8:00–9:00 PM  
O SD To  
[Zoom ID: 703-065-5462](https://www.zoom.us/j/703-065-5462) Password: Free22**MACHIAS**7:00-8:00 PM  
O BT WC D**Online Only**7:00-8:15 PM  
O SP Topic L**PORTLAND**7 -8:00 PM  
O D**SACO**7 -8:00 PM  
O D**SANFORD**7 -8:00 PM  
O D**Free and Clean (Hybrid)**R.E.S.T. Center  
205 Main Street 04240**Downeast Group of NA**Downeast Recovery Support Center  
11 Free Street 3 School St. 04654**Table Talk Recovery (Online Only)**[Zoom ID: 889-6662-3118](https://www.zoom.us/j/889-6662-3118)  
Password: 576000**No Name Group**Sacred Heart Church,  
80 Sherman St 04101  
On the corner of Sherman & Mellen Streets**Dopeless Hope Fiends**Recovery Maine - Innovation House  
328 North Street 04072**New Hope Group**

1 Riverview Street 04073

For New Hampshire Meeting Information  
888-624-3578  
[www.zoom.us](https://www.zoom.us)**Marathons Meetings (Virtual)**24/7 NA International Marathon Meeting  
[Zoom ID: 494-965-5895](https://www.zoom.us/j/494-965-5895) pwd: 195324/7 Unity Arabic NA Marathon Meeting  
[Zoom ID: 789-268-5208](https://www.zoom.us/j/789-268-5208)NANA 24/7 Marathon Meeting  
[Zoom ID: 558-544-927](https://www.zoom.us/j/558-544-927) pwd: 247247**Midnight Madness NA Meeting 24/7**  
[Zoom ID: 359-711-9478](https://www.zoom.us/j/359-711-9478)

**FRIDAY**

**AUGUSTA**

7:00-8:00 PM  
O L 19 H CS HY  
[Zoom ID: 956-5503-2181](#) [passcode: 801687](#)

**The Point of Freedom**  
Augusta Recovery & Reentry Center  
2 Bangor St 04330 2<sup>nd</sup> Floor

**BANGOR**

12:00 -1:00 PM  
O

**Mind, Body, and Spirit**  
Together Place Peer Run Recovery Center  
2 Second St 04401

**BIDDEFORD**

7:00-8:15 PM  
O D 12 H

**Stairway to Freedom**  
Second Congregational Church  
19 Crescent St. 04005

**BREWER**

7:30 pm-8:30 PM  
O D H HY  
[Zoom ID: 720-730-1505](#)

**New Beginnings (Hybrid)**  
Bangor Area Recovery Network  
142 Center St. 04412

**ELLSWORTH**

7-8:15 PM  
O D L SP H HY  
[Zoom ID: 899-7366-5879](#)

**Alive & Kicking (Hybrid)**  
Your Place Inc.—8 Old Mill Rd 04605  
Rte 1A & 179, behind Sunrise Glass

**PORTLAND**

12-1:00 PM  
O D Lit H

**We're All In This Together**  
Portland Recovery Community Center  
102 Bishop St. 04103

**ROCKLAND**

6:30 -7:30 PM  
O So CW

**Our Gratitude Speaks**  
MidCoast Strong  
143 Maverick St. 04841

**SANFORD**

7:30 -8:30 PM  
O D WC

**Friday Night Special**  
St. George's Episcopal Church  
3 Emerson St. 04073

**WATERVILLE**

6-7:30 PM  
C D L

**Waterville Five & Dime**  
Pleasant St United Methodist Church  
61 Pleasant St. 04901  
Elevator to 2<sup>nd</sup> Floor, Dunn Parlor  
Open Mtg & celebrations. last Fri. of Month

**SATURDAY**

**BANGOR**

1:00-2:00 PM  
O LGBTQIA+

**Recover Out Loud**  
Hammond St Congregational Church  
28 High St. 04401

**BREWER**

7:30-8:30 PM  
O SP H HY  
[Zoom ID: 572-681-0574](#)

**Ultimate Weapon (Hybrid)**  
Bangor Area Recovery Network  
142 Center St 04412

**CARIBOU**

7:00-8:00 PM  
O D L

**Most Powerful Vehicle**  
Roads To Recovery Community Center  
1 Water St. 04736

**FARMINGTON**

9:15 - 10:30 AM  
O D WC

**Nine-ish**  
Franklin County Memorial Hospital  
111 Franklin Health Commons, Chisholm Rm

**PORTLAND**

7-8:15 PM  
O D CL

**Principles Before Personalities**  
Williston-Immanuel United Church  
156 High St. 04101  
Use Deering St. Rear Entrance

**S THOMASTON**

6:30-7:30 PM  
O D CL

**The Keag is Up**  
People's United Methodist Church  
13 Chapel St. 04858

**SWAN'S ISLAND**

7:00-8:00 PM  
O

**Swan's Island Group**  
Mill Pond Health Center  
235 Minturn Rd. 04685

**AREA EVENTS**

**Eastern Maine H & I / PR / Outreach Meeting (Hybrid)**

3rd Sunday of every month 10:15 AM – 11:00AM  
Bangor Area Recovery Network  
142 Center Street, Brewer ME 04412  
[Zoom ID: 427 726 6967](#) No password

**Eastern Maine Area Service Committee (Hybrid)**

3rd Sunday of every month 11:00 AM - finish  
Bangor Area Recovery Network  
142 Center Street, Brewer ME 04412  
[Zoom ID: 812 6943 9450](#) No password

**Maine Area Service Committee (Hybrid)**

02/26/2026 12:00 PM – 2:30 PM  
Portland Recovery Community Center  
102 Bishop Street, Portland, ME 04103  
[Zoom ID: 896 4245 3855](#)

**Northern New England Region (Hybrid)**

**Conference Agenda Workshop for the Champlain Valley Area and the Maine Area**

02/26/2026 3:00 PM – 6:00 PM  
Portland Recovery Community Center  
102 Bishop Street, Portland, ME 04103  
[Zoom ID: 502 705 9091](#) Password: NNERNA

**Maine Area Activities Committee Meeting**

2nd Wednesday of each month 08:15 PM – 09:15 PM  
United Methodist Church, 6 Fountain Ave  
Old Orchard Beach, ME 04064

**Maine H & I / PR / Outreach Meeting (Virtual)**

2<sup>nd</sup> Tuesday of every month 9:00 PM  
[Zoom ID: 857-9267-5719](#) Password: 762220

**Free At Last Group Potluck & Game Night**

February 26, 2023 03:00 pm – 07:30 pm  
Christ Church , 6 Dane St, Kennebunk, ME

**Bowling Night**

March 4<sup>th</sup>, 2023 6:00 PM – 10:00 PM  
Big 20 Bowling, Route 1, Scarborough

**IF YOU WANT TO USE ... USE THE PHONE!  
CONTACT LIST**

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**MEETING CODES**

- O ..... Open Meeting, all welcome
- C ..... Closed Meeting for addicts and those who think they might have a problem with drugs
- 19 ..... Restrictions due to Covid 19
- CW ..... Children Welcome
- CS ..... Children under supervision
- D ..... Discussion
- B ..... Beginners
- SP ..... Speaker Meeting
- BT ..... Basic Text
- JFT ..... Just For Today
- 12 ..... Step/Tradition Meeting
- L ..... Literature
- LC ..... Living Clean
- H ..... Handicapped Accessible
- SD ..... Speaker/Discussion
- 19 ..... Restrictions due to Covid-19
- I ..... Institution
- W ..... Women's Meeting
- M ..... Men's Meeting
- CL ..... Candlelight
- Topic ..... Topic
- Rr ..... Round Robin
- So ..... Speaker Only



**Maine Meeting List  
FEBRUARY & MARCH 2023**

(02-15-2023)

For the most current meeting list & events visit: <https://namaine.org> or call the Helpline  
**For additional meeting lists, get them at the Area Service Committee, download them from the website or photocopy this meeting list.**

"When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on as best we can to the bitter ends – Jails, Institutions or Death – or **Find A New Way To Live**. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man's entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual—not religious—program, known as Narcotics Anonymous."

**✦ HELPLINE ✦  
1-800-974-0062**



Maine Area Service Committee  
PO Box 5309  
Portland, ME 04101  
  
Eastern Maine Area Service Committee  
PO Box 3533  
Brewer, ME 04412