<table>
<thead>
<tr>
<th>Time</th>
<th>Location &amp; Details</th>
</tr>
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<tbody>
<tr>
<td><strong>MONDAY</strong></td>
<td></td>
</tr>
<tr>
<td>12:00-1:30 PM</td>
<td><strong>BANGOR</strong> Mind, Body, and Spirit Togethers Place Peer Run Recovery Ctr 2 Second Street 04401</td>
</tr>
<tr>
<td>6:00-7:30 PM</td>
<td><strong>BANGOR</strong> Recover Out Loud Hammond St Congregational Church 28 High St 04401</td>
</tr>
<tr>
<td></td>
<td><strong>BREWER</strong> New Beginnings (Hybrid) Bangor Area Recovery Network 142 Center St 04412</td>
</tr>
<tr>
<td>7:30-8:30 PM</td>
<td><strong>GUILFORD</strong> Participants Peer Run Recovery Ctr 2 Second Street 04401</td>
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<td><strong>TUESDAY</strong></td>
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<tr>
<td>7:30-8:00 PM</td>
<td><strong>BANGOR</strong> One of Us Clyde Bailey Drop In Center 1311 Roosevelt Trail 04071</td>
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<td><strong>BANGOR</strong> Coastal Recovery Group 95 Pheeter’s Episcopal Church 11 White Street 04841</td>
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<tr>
<td></td>
<td><strong>SANDFORD</strong> The Journey Group Journey House Recovery 43 Brook Street 04073</td>
</tr>
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<td>7:00-8:00 PM</td>
<td><strong>PORTLAND</strong> Man Up (Hybrid) Together Place Peer Run Recovery Ctr 2 Second St 04401</td>
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<tr>
<td>7:00-8:15 PM</td>
<td><strong>PORTLAND</strong> Catch The Wave United Methodist Church, 04064 6 Fountain Ave, 04064</td>
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<tr>
<td>7:00-8:15 PM</td>
<td><strong>PORTLAND</strong> No More Tears State Street Church, UCC 159 State Street 04101</td>
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<td><strong>BANGOR</strong> Grateful We’re Not Dead Together Place Peer Run Recovery Ctr 2 Second Street 04401</td>
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**For New Hampshire Meeting Information**
888-624-3578
www.gsana.org
The Point of Freedom
7:00-8:00 PM
2 Bangor St 04330 2nd Floor
Zoom ID: 956-5503-2181 passcode: 801687

BANGOR
Mind, Body, and Spirit
12:00-1:30 PM
Together Place Peer Run Recovery Center
O 2 Second St 04401

BIDDEFORD
Stairway to Freedom
7:00-7:15 PM
Augusta Recovery & Reentry Center
O 12 H 19 Crescent St. 04005

BREWER
New Beginnings (Hybrid)
7:30 pm-8:30 PM
Bangor Area Recovery Network
O O H Y 142 Center St. 04412
Zoom ID: 720-730-1505

ELLSWORTH
Alive & Kicking (Hybrid)
7:45 PM
Your Place Inc.–8 Old Mill Rd 04605
O D L SP H HY 142 Center St 04412
Zoom ID: 830-3172-5709

ROCKLAND
Our Gratitude Speaks
6:30-7:30 PM
MidCoast Strong
O So CW 143 Maverick St. 04841

SANFORD
Friday Night Special
7:30-8:30 PM
St. George’s Episcopal Church
O O WC 3 Emerson St. 04073

WATERVILLE
Waverly Five & Dime
6:30-7:30 PM
Pleasant St United Methodist Church
O So CW 61 Pleasant St. 04901
Elevator to 2nd Floor, Dunn Parlor

PORTLAND
Principles Before Personalities
7:15 PM
Williston-Immanuel United Church
O D CL 156 High St. 04101
Use Deering St. Rear Entrance

S THOMASTON
The Keag is Up
6:30-7:30 PM
People’s United Methodist Church
O D CL 13 Chapel St. 04856

SWAN’S ISLAND
Swan’s Island Group
7:00-8:00 PM
Mill Pond Health Center
O 235 Minturn Rd. 04685

AREAS EVENTS
Maine Area Public Relations / Hospitals & Institutions Subcommittee Meeting (Online)
January 10th 9:00 AM
Zoom ID: 826-5857-5901 Password: Recovery

Eastern Maine Area Activities Committee Meeting
January 11th 6:00 PM (Hybrid)
Bangor Area Recovery Network
142 Center St, Brewer 04401
Zoom ID: 837-9355-0836

Eastern Maine Area Service Committee Meeting (Online)
December 18th 11:30 AM
Zoom ID: 812-6943-0450 no password

Maine Area Service Committee Meeting (Hybrid)
December 18th, 2022 12:00 PM – 3:00 PM
Portland Recovery Community Center
102 Bishop Street, Portland 04101
Zoom ID: 896-4245-3855 no password

Multi Regional Learning Event XVII
December 16, 2022 @ 07:00 pm – December 18, 2022 @ 01:00 pm
Portland Sheraton at Sable Oaks
Sable Oaks Dr
South Portland, ME 04106
COST: $25 / person No Addict Turned Away

EMASCNA Unity Fest II:
The Road is No Longer Narrow
February 10th - 12th, 2023
Hilton Garden Inn
250 Haskell Road
Bangor, ME 04401 (207)262-0099

IF YOU WANT TO USE … USE THE PHONE!
CONTACT LIST

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MEETING CODES
G…….Open Meeting, all welcome
C…….Closed Meeting for addicts and those who think they might have a problem with drugs
19…….Restrictions due to Covid 19
CW……..Children Welcome
CS……..Children under supervision
D…….Discussion
B……….Beginners
SP……..Speaker Meeting
BT……..Basic Text
JFT…….Just For Today
12…….Step/Tradition Meeting
L…….Literature
LC……..Living Clean
H…….Handicapped Accessible
SD……..Speaker/Discussion
19…….Restrictions due to Covid 19
I……..Institution
W……..Women’s Meeting
M……..Men’s Meeting
CL……..Cardio
Topic: ……Topic
Rr……..Round Robin
So……..Speaker Only

This is a simple spiritual—not religious—program, known as Narcotics Anonymous.”