

SUNDAY

BANGOR

6-7:00 PM
O Lit

Grateful We're Not Dead

Together Place Peer Run Recovery Center
2 2nd Street 04401

BREWER

Women's Meeting

3:30-5PM
C W

(SUSPENDED) Grace and Dignity

Vacationland Inn
453 Wilson St 04412 Meet downstairs

CHERRYFIELD

7:00-8:00 PM
O L H

You Know Serenity (SUSPENDED??)

Cherryfield Congregational Church
10 River Rd 04622

ELLSWORTH

7-8:15 PM
O D L SP H HY

Alive & Kicking (Hybrid)

Your Place Inc.-8 Old Mill Rd 04605
Rte 1A & 179, behind Sunrise Glass

Zoom ID: 830-3172-5709

KENNEBUNK

6:30-7:30 PM
O D H

Free At Last

Christ Church - Rear Door
6 Dane Street, 04043

PORTLAND

7-8:15PM
O D L H

(SUSPENDED) So Fresh And So Clean

Amistad Peer Recovery Center
66 State St. 04101

WATERVILLE

7-8:00 PM
O, BT

We Do Recover (Online Only)

Pleasant St United Methodist Church
61 Pleasant Street 04901

Zoom ID: 734-682-785 Password: recovery

MONDAY

BANGOR

12:00 -1:00 PM
O

Mind, Body, and Spirit

Together Place Peer Run Recovery Center
2 Second Street 04401

BANGOR

6:00-7:00 PM
O GLGBTQIA+

Recover Out Loud

Hammond St Congregational Church
28 High St. 04401

BREWER

7:30 pm-8:30 PM
O D H HY

New Beginnings (Hybrid)

Bangor Area Recovery Network
142 Center St. 04412

Zoom ID: 720-730-1505

GUILFORD

7:00-8:00 PM
O L

Take the Next Step

Methodist Church
3 School St. 04443
Big yellow Church

NEWCASTLE

6:00-7:00 PM
O JT SD CW

The Winners Circle

St. Andrew's Episcopal Church
11 Glidden St. 04553

PORTLAND

12-1:00 PM
O H

We Are All in This Together

Portland Recovery Community Center
102 Bishop St. 04103

RAYMOND

7-8:00 PM
O L H HY

One of Us

Clyde Bailey Drop In Center
1311 Roosevelt Trail 04071

ROCKLAND

6:30-7:30 PM
O D JT CW H

Coastal Recovery Group

St Peter's Episcopal Church
11 White Street 04841

SANFORD

7:00 8:00 PM
O D WC

The Journey Group

Journey House Recovery
43 Brook Street 04073

Please use the side entrance on Hammond Street.

TUESDAY

ALFRED

7-8:00 PM
O D H

How Ya Doing

York County Shelter
147 Shaker Hill Rd. 04002
(off Route 202) Denis Hall

BANGOR

12:00 -1:00 PM
O

Mind, Body, and Spirit

Together Place Peer Run Recovery Ctr
2 Second St 04401

BANGOR

6:00-7:00 PM
O L

Grateful We're Not Dead

Together Place Peer Run Recovery Ctr
2 2nd Street 04401

BLUE HILL

7:00-8:00 PM
O 12 D

(SUSPENDED) Clean By The Bay

Blue Hill Memorial Hospital 04614
57 Water St. - Rotating Format

ELLSWORTH

7:00-8:15 PM
O D L SP H HY

Alive & Kicking (Hybrid)

Your Place, Inc -8 Old Mill Rd 04605
1A&179, behind Sunrise Glass

Zoom ID: 830-3172-5709

FARMINGTON

6:30-7:30 PM
O 12

Dragon Slayers

Henderson Memorial Baptist Church
110 Academy St. 04938

LEWISTON

8:15-9:15 PM
O L To

Free and Clean (Hybrid)

R.E.S.T. Center Mtg Room #2
205 Main St 04240

Zoom ID: 703-065-5462 Password: Free22

NORWAY

7:00-8:00 PM
O D L HY

HOPE (Hold On Pain Ends) (Hybrid)

Old Yellow Schoolhouse
160 Main St. 04268

Zoom ID: 213-993-063 Password: 618926

PORTLAND

7-8:15 PM
O SP

Night Share

State Street Church, UCC
159 State Street 04101

WEDNESDAY

BANGOR

6:00-7:00 PM
O LGBTQIA+

Recover Out Loud

Hammond St Congregational Church
28 High St. 04401

BANGOR

6:00-7:15 PM
O D HY

Zoom ID 891-5753-0799

Man Up (Hybrid)

Together Place Peer Run Recovery Ctr
2 Second St. 04401

BREWER

7:30 pm-8:30 PM
O D H HY

New Beginnings (Hybrid)

Bangor Area Recovery Network
142 Center St. 04412

Zoom ID: 720-730-1505

OLD ORCHARD

7:30-8:30 PM
O L H HY

Catch the Wave

United Methodist Church, 04064
6 Fountain Ave, 04064

PORTLAND

7-8:15 PM
O L Topic

No More Tears

State Street Church, UCC
159 State Street 04101

ROCKLAND

6:30-7:30 PM
O D L LC CW H

New Attitudes

St. Peter's Episcopal Church
11 White St 04841

RUMFORD

6:30-7:30 PM
O D

anonymous NA meeting

Larry Labonte Recovery Center
412 Waldo St, ME 04276

TOPSHAM

7:00-8:00 PM
O 12

Clean Slate Group

ABC Baptist Church
1 Elm St, 04086

Please bring a mask & socially distance

THURSDAY

BANGOR

6:00-7:00 PM
O D

Grateful We're Not Dead

Together Place Peer-Run Recovery Ctr
2 2nd Street 04401

BATH

5:30-6:30 PM
O D B

Downtown Bath Group

Bath Recovery Community Ctr
97 Commercial Street 04530

BRIDGTON

5:30-6:30 PM
O

NA Our Way (Hybrid)

Lakes Region Recovery Center
25 Hospital Drive 04009

Private entrance around back of "Old Hospital Building"

Zoom ID: 876 4531 7873

CARIBOU

9:00-10:00 AM
O BT D HY

Most Powerful Vehicle

RRCC
1 Water St. 04736

CAMDEN

6:00-7:00 PM
O Topic CW

The Topic Sticks

John's Street United Methodist
98 John St 04843

FARMINGTON

7-8:00 PM
C 12 L H

Step Awareness (Online Only)

Franklin County Memorial Hospital
111 Franklin Health Commons
Farmington, ME, 04938

Zoom ID: 524-280-410

GORHAM

Only the 1st Thursday of the month
w/ Potluck Dinner after

6:00-7:30 PM
C W CW D IW

Soul Sisters (Women's Meeting)

CenterPoint Church
53 County Rd 04038

Parking and entry walkway are behind the brick-sided building

GUILFORD

7:00-8:00 PM
O L

Take the Next Step

Methodist Church
3 School St. 04443

Big yellow Church

LEWISTON

8:00-9:00 PM
O SD To

Free and Clean (Hybrid)

R.E.S.T. Center
205 Main Street 04240

Zoom ID: 703-065-5462 Password: Free22

Online Only

7:00-8:15 PM
O SP Topic L

Table Talk Recovery (Online Only)

Zoom ID: 859-9664-2191
Password: Recovery

PORTLAND

7 -8:00 PM
O D

No Name Group

Sacred Heart Church,
80 Sherman St 04101

On the corner of Sherman & Mellen Streets

SACO

7 -8:00 PM
O D

Dopeless HopeFiends

Evergreen Rehab & Living Ctr
328 North Street 04072

SKOWHEGAN

(SUSPENDED??)
6:30 -7:30 PM
O

Progress Not Perfection

Skowhegan Federated Church
13 Island Avenue 04976

WATERVILLE

6-7:00 PM
O D CL

Without Parallel (In Person Jan 2023)

Pleasant St United Methodist Church
61 Pleasant St. 04901

Side entrance, in basement



For New Hampshire Meeting Information
888-624-3578
www.gsana.org

FRIDAY

AUGUSTA
7:00-8:00 PM
O L 19 H CS HY
[Zoom ID: 956-5503-2181](#) [passcode: 801687](#)

The Point of Freedom
Augusta Recovery & Reentry Center
2 Bangor St 04330 2nd Floor

BANGOR
12:00 -1:00 PM
O
Together Place Peer Run Recovery Center
2 Second St 04401

Mind, Body, and Spirit

BIDDEFORD
7:00-8:15 PM
O D 12 H
Second Congregational Church
19 Crescent St. 04005

Stairway to Freedom

BREWER
7:30 pm-8:30 PM
O D H HY
[Zoom ID: 720-730-1505](#)

New Beginnings (Hybrid)
Bangor Area Recovery Network
142 Center St. 04412

ELLSWORTH
7-8:15 PM
O D L SP H HY
[Zoom ID: 830-3172-5709](#)

Alive & Kicking (Hybrid)
Your Place Inc.—8 Old Mill Rd 04605
Rte 1A & 179, behind Sunrise Glass

ROCKLAND
6:30 -7:30 PM
O So CW
Our Gratitude Speaks
MidCoast Strong
143 Maverick St. 04841

Our Gratitude Speaks

SANFORD
7:30 -8:30 PM
O D WC
Friday Night Special
St. George's Episcopal Church
3 Emerson St. 04073

Friday Night Special

WATERVILLE
6-7:30 PM
C D L
Waterville Five & Dime
Pleasant St United Methodist Church
61 Pleasant St. 04901
Elevator to 2nd Floor, Dunn Parlor

Waterville Five & Dime

(Masks required?) Open Mtg. last Fri. of Month

SATURDAY

BANGOR
10-11:00 PM
C CL M H HY
[Zoom ID: 891-5753-0799](#)

Man Up (Hybrid)
Together Place Peer Run Recovery Center
2 Second St 04401

BANGOR Recover Out Loud (BACK IN PERSON)
1:00–2:00 PM
O LGBTQIA+
Hammond St Congregational Church
28 High St. 04401

Recover Out Loud (BACK IN PERSON)

BREWER
7:30–8:30 PM
O SP H HY
[Zoom ID: 572-681-0574](#)

Ultimate Weapon (Hybrid)
Bangor Area Recovery Network
142 Center St 04412

CARIBOU
7:00-8:00 PM
O D L
Most Powerful Vehicle
RRCC
1 Water St. 04736

Most Powerful Vehicle

PORTLAND
7-8:15 PM
O D CL
Principles Before Personalities
Williston-Immanuel United Church
156 High St. 04101
Use Deering St. Rear Entrance

Masks and socially distancing required?

S THOMASTON
6:30-7:30 PM
O D CL
The Keag is Up
People's United Methodist Church
13 Chapel St. 04858

SWAN'S ISLAND
7:00-8:00 PM
O
Swan's Island Group
Mill Pond Health Center
235 Minturn Rd. 04685
Must use a mask & socially distance??

AREA EVENTS

Maine Area Public Relations / Hospitals & Institutions Subcommittee Meeting (Online)

January 10th, 9:00 PM
[Zoom ID: 828-5857-5901](#) Password: Recovery

Eastern Maine Area Activities Committee Meeting

January 11th 6:00 PM (Hybrid)

Bangor Area Recovery Network
142 Center St, Brewer 04401
[Zoom ID: 837-9355-0836](#)

Eastern Maine Area Service Committee Meeting (Online)

December 18th 11:30 AM
[Zoom ID: 812-6943-9450](#) no password

Maine Area Service Committee Meeting (Hybrid)
December 18th, 2022 12:00 PM – 3:00 PM

Portland Recovery Community Center
102 Bishop Street, Portland 01401
[Zoom ID: 896-4245-3855](#) no password

Multi Regional Learning Event XVII

December 16, 2022 @ 07:00 pm –
December 18, 2022 @ 01:00 pm
Portland Sheraton at Sable Oaks
Sable Oaks Dr
South Portland, ME 04106
COST:\$25 / person No Addict Turned Away

**EMASCNA Unity Fest II:
The Road is No Longer Narrow**

February 10th - 12th, 2023
Hilton Garden Inn
250 Haskell Road
Bangor, Maine 04401 / (207)262-0099

**IF YOU WANT TO USE ... USE THE PHONE!
CONTACT LIST**

Empty lines for contact list entries.

MEETING CODES

- O Open Meeting, all welcome
- C Closed Meeting for addicts and those who think they might have a problem with drugs
- 19Restrictions due to Covid 19
- CWChildren Welcome
- CSChildren under supervision
- D Discussion
- B..... Beginners
- SP..... Speaker Meeting
- BT Basic Text
- JFT..... Just For Today
- 12 Step/Tradition Meeting
- L..... Literature
- LC Living Clean
- H Handicapped Accessible
- SD Speaker/Discussion
- 19.....Restrictions due to Covid-19
- I Institution
- W..... Women's Meeting
- M..... Men's Meeting
- CL..... Candlelight
- TopicTopic
- Rr..... Round Robin
- So.....Speaker Only



NARCOTICS ANONYMOUS

**Maine Meeting List
DECEMBER 2022**

(12-14-2022)

For the most current meeting list & events visit: <https://namaine.org> or call the Helpline

For additional meeting lists, get them at the Area Service Committee, download them from the website or photocopy this meeting list.

“When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on as best we can to the bitter ends – Jails, Institutions or Death – or **Find A New Way To Live**. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man's entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual—not religious—program, known as Narcotics Anonymous.”

✦ HELPLINE ✦

1-800-974-0062



Maine Area Service Committee
PO Box 5309
Portland, ME 04101

Eastern Maine Area Service Committee
PO Box 3533
Brewer, ME 04412