SUNDAY

**BANGOR**
7:00-7:15 PM O L H
Together Place Peer Run Recovery Center
2 Second Street 04401

**O L**

**BREWER**
(SUSPENDED) Grace and Dignity
3:30-5PM Vacationland Inn
453 Wilson St 04412 Meet downstairs

**CHERRYFIELD**
7:00-8:00 PM O L
You Know Serenity (SUSPENDED??)
Cherryfield Congregational Church
10 River Rd 04401

**ELLSWORTH**
6:00–7:00 PM O D J CW H
Allie & Kicking (Hybrid)
Your Place – 8 Old Mill Rd 04605
(1 mile east of Bangor Mall on Rte 1A & 179, behind Sunrise Glass
Zoom ID: 830-3172-5709

**PORTLAND**
7:00-8:00 PM O D LC CW H
7-8:15 PM
You Please use the side entrance on Hammond Street.

**WATERVILLE**
8:00 PM O L
We Do Recover (Online Only)
Pleasant St United Methodist Church
81 Pleasant Street 04901
Zoom ID: 734-682-785

MONDAY

**BANGOR**
12:00 -1:00 PM O L
Mind, Body, and Spirit
Together Place Peer Run Recovery Center
2 Second Street 04401

**BANGOR**
6:00–7:00 PM O GLOB4TQA+
Recover Out Loud
Hammond St Congregational Church
26 High St 04401

**BREWER**
7:30 pm-8:30 PM O D H HY
New Beginnings (Hybrid)
Bangor Area Recovery Network
142 Center St 04412
Zoom ID: 720-730-1505

**GUILFORD**
7:30-8:00 PM O L
Take the Next Step
Methodist Church
3 School St. 04443
Big yellow Church

**NEWCASTLE**
6:00-7:00 PM O JT SD CW
The Winners Circle
St. Andrew’s Episcopal Church
11 Glenliden St. 04553

**PORTLAND**
12:00 -1:00 PM O H
We Are All in This Together
Portland Recovery Community Center
102 Bishop St. 04103

**RAYMOND**
7:00 PM O L H HY
One of Us
Clyde Bailey Drop In Center
1311 Roosevelt Trail 04071

**ROCKLAND**
7:00-8:00 PM O D J CW H
Coastal Recovery Group
St Peter’s Episcopal Church
11 White Street 04841

**SANFORD**
7:00-8:00 PM O D WC
The Journey Group
Journey House Recovery
43 Brook Street 04073

**TUESDAY**

**ALFRED**
7:00 PM O D H
How Ya Doing
York County Shelter
147 Shaker Hill Rd. 04002 (off Route 202) Denis Hall

**BANGOR**
6:00-7:00 PM O L
Mind, Body, and Spirit
Together Place Peer Run Recovery Ctr
2 Second Street 04401

**BANGOR**
6:00-7:00 PM O L
Grateful We’re Not Dead
Together Place Peer Run Recovery Ctr
2 Second Street 04401

**BLUE HILL**
7:00-8:00 PM O D
(SUSPENDED) Clean By The Bay
Blue Hill Memorial Hospital 04614
7 Water St. – Rotating Format

**ELLSWORTH**
7:00-8:15 PM O D L SP H HY
Allie & Kicking (Hybrid)
Your Place – 8 Old Mill Rd 04605
1A & 179, behind Sunrise Glass
Zoom ID: 830-3172-5709

**FARMINGTON**
6:30-7:30 PM Larry Labonte Recovery Center
97 Commercial Street 04530

**FARMINGTON**
6:00-7:00 PM O L
Clean Slate Group
ABC Baptist Church
111 Franklin Health Commons 04901

**PORTLAND**
7:00–8:00 PM O D
No More Tears
State Street Church, UCC
159 State Street 04101

**SACO**
7:00-8:00 PM O D
Without Parallel
Sacred Heart Church
326 North Street 04072

**SKOWHEGAN**
7-8:15 PM O D
Soul Sisters (Women’s Meeting)
Enscope HopeEnds
13 Island Avenue 04976

THURSDAY

**BANGOR**
6:00-7:00 PM O D
Grateful We’re Not Dead
Together Place Peer Run-Recovery Ctr
2 Second Street 04401

**BANGOR**
7:00-8:00 PM O D
Mandala House
101 Franklin Health Commons 04901

**BRIDGTON**
(anonymous NA meeting)
8:00-9:00 PM R.E.S.T. Center
1A & 179 behind Sunrise Glass

**BREWER**
7:00–8:15 PM O D H HY
New Beginnings (Hybrid)
Bangor Area Recovery Network
142 Center St 04412
Zoom ID: 720-730-1505

**FARMINGTON**
(Recover Out Loud)
7:30-8:30 PM O L H HY
Catch the Wave
United Methodist Church, 04064
6 Fountain Ave, 04064

**LEWISTON**
6:00-7:00 PM O D
How Ya Doing
York County Shelter
147 Shaker Hill Rd. 04002

**LEWISTON**
7:00-8:00 PM O D
Mandala House
101 Franklin Health Commons 04901

**NEWCASTLE**
6:00-7:00 PM O L
Mind, Body, and Spirit
Together Place Peer Run Recovery Center
2 Second Street 04401

**PORTLAND**
6:00-7:00 PM O L
Progress Not Perfection
Sacred Heart Church
326 North Street 04072

**PORTLAND**
7:00-8:00 PM O D
Most Powerful Vehicle
RRCC
1 Water St. 04736

**WATERVILLE**
6:00-7:00 PM O D
Take the Next Step
Methodist Church
10 Second Street 04401

**WATERVILLE**
7:00-8:00 PM O D
We Are All in This Together
Pleasant St United Methodist Church
81 Pleasant Street 04901
Zoom ID: 734-682-785

For New Hampshire Meeting Information
888-624-3578
www.gsana.org
FRIDAY

AUGUSTA
7:00-8:00 PM
The Point of Freedom
OL 19 H CS HY
2 Bangor St 04330 2nd Floor
Zoom ID: 956-5503-2181 passcode: 801687

BANGOR
12:00-1:00 PM
Mind, Body, and Spirit
Together Place Peer Run Recovery Center
O
2 Second St 04401

BIDDEFORD
7:00-8:15 PM
Stairway to Freedom
Augusta Recovery & Reentry Center
OL 12 H
19 Crescent St. 04005

BREWER
New Beginnings (Hybrid)
7:30 pm-8:30 PM
Bangor Area Recovery Network
OL HH
142 Center St 04412
Zoom ID: 720-730-1505

ELLSWORTH
7:45 PM
Alive & Kicking (Hybrid)
Your Place Inc.–8 Old Mill Rd 04605
OL LS PP HH
Rte 1A & 179, behind Sunrise Glass
Zoom ID: 830-3172-5709

ROCKLAND
9:30-10:30 PM
Our Gratitude Speaks
MidCoast Strong
143 Mavrick St. 04841

SANFORD
7:30-8:30 PM
Friday Night Special
St. George's Episcopal Church
O
11 Second St. 04073

WATERVILLE
6:30-7:30 PM
Watterville Five & Dime
Pleasant St United Methodist Church
61 Pleasant St. 04901
Elevator to 2nd Floor, Dunn Parlor
(Masks required?)
Open Mtg. last Fri. of Month

SATURDAY

BANGOR
10-11:00 PM
Man Up (Hybrid)
Together Place Peer Run Recovery Center
C CL M HH HY
2 Second St 04401
Zoom ID: 891-7573-0799

BANGOR
Recover Out Loud (BACK IN PERSON)
1:00-2:00 PM
Hammond St Congregational Church
172 Hammond St. 04901

BREWER
Ultimate Weapon (Hybrid)
7:30-8:30 PM
Bangor Area Recovery Network
O SP HH
142 Center St 04412
Zoom ID: 572-881-0574

CARIBOU
7:00-8:00 PM
Most Powerful Vehicle
RRC
1 Water St. 04736

PORTLAND
7:15 PM
Principles Before Personalities
Williston-Maine United Church
165 High St. 04101
Use Deering St. Rear Entrance
Masks and socially distancing required?

S THOMASTON
8:30-9:30 PM
The Keag is Up
People’s United Methodist Church
OL 13
13 Chapel St. 04855

SWAN’S ISLAND
7:00-8:30 PM
Swan’s Island Group
Mill Pond Health Center
235 Mintosh Rd. 04685
Must use a mask & socially distance??

AREA EVENTS

Maine Area Public Relations / Hospitals & Institutions Subcommitte Meeting (Online)
January 10th
7:00 PM
Zoom ID: 626-5857-5001 Password: Recovery

Eastern Maine Area Activities Committee Meeting
January 11th
6:00 PM
(Bybrid)
Bangor Area Recovery Network
142 Center St, Brewer 04401
Zoom ID: 837-9355-0836

Eastern Maine Area Service Committee Meeting (Online)
December 18th
11:30 AM
Zoom ID: 812-6943-0450 no password

Maine Area Service Committee Meeting (Hybrid)
December 18th
2022 12:00 PM – 3:00 PM
Portland Recovery Community Center
102 Bishop Street, Portland 04101
Zoom ID: 896-4245-3855 no password

Multi Regional Learning Event XVII
December 16, 2022 @ 07:00 pm – December 18, 2022 @ 01:00 pm
Portland Sheraton at Sable Oaks
Sable Oaks Dr
South Portland, ME 04106
COST: $25 / person No Addict Turned Away

EMASCNA Unity Fest II:
The Road is No Longer Narrow
February 10th - 12th, 2023
Hilton Garden Inn
250 Haskell Road
Bangor, Maine 04401 (207)262-0099

IF YOU WANT TO USE … USE THE PHONE!

MEETING CODES
O…………..Open Meeting, all welcome
C…………..Closed Meeting for addicts and those who think they might have a problem with drugs
JFT………….Just For Today
BT………….Basic Text
SP………….Speaker Meeting
EF………….Election of Officers
F…………..Focus Group
SP………….Speaker Meeting
T…………..Theme Meeting
N…………..New Beginnings
D……….Discuss
B………….Beginners

CONTACT LIST

SUNSET
506 Warren Ave
Bangor, Maine 04401
(207) 974-0062

For the most current meeting list & events visit: https://namaine.org

“When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on as best we can to the bitter ends – Jails, Institutions or Death – or Find A New Way To Live. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man’s entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual—not religious—program, known as Narcotics Anonymous.”