

SUNDAY

BANGOR

6:00-7:00 PM
O Lit
Grateful We're Not Dead
Columbia Street Church
45 Columbia St. 04401

BREWER

(SUSPENDED) **Grace and Dignity Women's Meeting**
3:30-5PM
C W
Vacationland Inn
453 Wilson St 04412 Meet downstairs

CHERRYFIELD

7:00-8:00 PM
O L H
You Know Serenity (SUSPENDED??)
Cherryfield Congregational Church
10 River Rd 04622

ELLSWORTH

7-8:15 PM
O D L SP H HY
Alive & Kicking (Hybrid)
Your Place Inc.-8 Old Mill Rd 04605
Rte 1A & 179, behind Sunrise Glass
Zoom ID: 830-3172-5709

KENNEBUNK

6:30-7:30 PM
O D H
Free At Last
Christ Church - Rear Door
6 Dane Street, 04043

PORTLAND

7-8:15PM
O D L H
(SUSPENDED) **So Fresh And So Clean**
Amistad Peer Recovery Center
66 State St. 04101

WATERVILLE

7-8:00 PM
O, BT
We Do Recover (Online Only)
Pleasant St United Methodist Church
61 Pleasant Street 04901
Zoom ID: 734-682-785 Password: recovery

MONDAY

BANGOR

12:00 -1:00 PM
O
Mind, Body, and Spirit
Together Place
2 Second St 04401

BANGOR

6:00-7:00 PM
O GLGBTQIA+
Recover Out Loud
Hammond St Congregational Church
28 High St. 04401

BELFAST

6:30-7:30 PM
O L H
Second Chances
United Methodist Church
23 Mill Lane 04915

BREWER

7:30 pm-8:30 PM
O D H HY
New Beginnings (Hybrid)
Bangor Area Recovery Network
142 Center St. 04412
Zoom ID: 720-730-1505

GUILFORD

7:00-8:00 PM
O L
Take the Next Step
Methodist Church
3 School St. 04443
Big yellow Church

NEWCASTLE

6:00-7:00 PM
O JT SD CW
The Winners Circle
St. Andrew's Episcopal Church
11 Glidden St. 04553

PORTLAND

12-1:00 PM
O H
We Are All in This Together
Portland Recovery Community Center
102 Bishop St. 04103

RAYMOND

7-8:00 PM
O L H HY
One of Us (Hybrid)
Clyde Bailey Drop In Center
1311 Roosevelt Trail 04071
Zoom ID: 992-6529-2263

ROCKLAND

6:30-7:30 PM
O D JT CW H
Coastal Recovery Group
St Peter's Episcopal Church
11 White Street 04841

TUESDAY

ALFRED

7-8:00 PM
O D H
How Ya Doing? (Reopened)
York County Shelter
147 Shaker Hill Rd. 04002
(off Route 202) Denis Hall

BANGOR

12:00 -1:00 PM
O
Mind, Body, and Spirit
Together Place
2 Second St 04401

BANGOR

6:00-7:00 PM
O L
Grateful We're Not Dead
Columbia Street Church
45 Columbia St. 04401

BLUE HILL

7:00-8:00 PM
O L 2 D
(SUSPENDED) **Clean By The Bay**
Blue Hill Memorial Hospital 04614
57 Water St. - Rotating Format

ELLSWORTH

7:00-8:15 PM
O D L SP H HY
Alive & Kicking (Hybrid)
Your Place, Inc -8 Old Mill Rd 04605
1A&179, behind Sunrise Glass
Zoom ID: 830-3172-5709

FARMINGTON

6:30-7:30 PM
O 12
Dragon Slayers (online)
Henderson Memorial Baptist Church
110 Academy St. 04938
Zoom ID: 468-401-171

LEWISTON

8:15-9:15 PM
O L To
Free and Clean (Hybrid)
R.E.S.T. Center Mtg Room #2
205 Main St 04240
Zoom ID: 703-065-5462 Password: Free22

NORWAY

7:00-8:00 PM
O D L HY
HOPE (Hold On Pain Ends) (Hybrid)
Old Yellow Schoolhouse
160 Main St. 04268
Zoom ID: 213-993-063 Password: 618926

PORTLAND

7-8:15 PM
O SP
Night Share
State Street Church, UCC
159 State Street 04101

WEDNESDAY

BANGOR

6:00-7:00 PM
O GLGBTQIA+
Recover Out Loud
Hammond St Congregational Church
28 High St. 04401

BANGOR

6:00-7:15 PM
O D HY
Man Up (Hybrid)
Together Place
2 Second St. 04401
Zoom ID 891-5753-0799

BREWER

7:30 pm-8:30 PM
O D H HY
New Beginnings (Hybrid)
Bangor Area Recovery Network
142 Center St. 04412
Zoom ID: 720-730-1505

OLD ORCHARD

7:30-8:30 PM
O L H HY
Catch the Wave
United Methodist Church, 04064
6 Fountain Ave, 04064

PORTLAND

7-8:15 PM
O L Topic
No More Tears
State Street Church, UCC
159 State Street 04101

ROCKLAND

6:30-7:30 PM
O D L LC CW H
New Attitudes
St. Peter's Episcopal Church
11 White St. 04841

TOPSHAM

7:00-8:00 PM
O 12
Clean Slate Group
ABC Baptist Church
1 Elm St, 04086
Please bring a mask & socially distance

THURSDAY

BANGOR

6:00-7:00 PM
O D
Grateful We're Not Dead
Columbia Street Church
45 Columbia St. 04401

BELFAST

6:30-7:45 PM
O SP D Rr H
Second Chances (Online only)
United Methodist Church
23 Mill Lane 04915
Zoom ID: 284-213-9737 no password

BRIDGTON

5:30-6:30 PM
O
NA Our Way (Hybrid)
Lakes Region Recovery Center
25 Hospital Drive 04009
Private entrance around back of "Old Hospital Building"
Zoom ID: 876 4531 7873

CARIBOU

9:00-10:00 AM
O BT D HY
Most Powerful Vehicle
RRCC
1 Water St. 04736

CAMDEN

6:00-7:00 PM
O Topic CW
The Topic Sticks
John's Street United Methodist
98 John St 04843

FARMINGTON

7-8:00 PM
C 12 L H
Step Awareness (Online Only)
Franklin County Memorial Hospital
111 Franklin Health Commons
Farmington, ME, 04938
Zoom ID: 524-280-410

GORHAM

6:00-7:30 PM
C W CW D IW
Soul Sisters (Women's Meeting)
CenterPoint Church
53 County Rd 04038
Parking and entry walkway are behind the brick-sided building

LEWISTON

8:00-9:00 PM
O SD To
Free and Clean (Hybrid)
R.E.S.T. Center
205 Main Street 04240
Zoom ID: 703-065-5462 Password: Free22

Online Only

7:00-8:15 PM
O SP Topic L
Table Talk Recovery (Online Only)
Zoom ID: 859-9664-2191
Password: Recovery

PORTLAND

7 -8:00 PM
O D
No Name Group
Sacred Heart Church,
80 Sherman St 04101
On the corner of Sherman & Mellen Streets

SKOWHEGAN

(SUSPENDED??)
6:30 -7:30 PM
O
Progress Not Perfection
Skowhegan Federated Church
13 Island Avenue 04976

WATERVILLE

6-7:00 PM
O D CL
Without Parallel (Online Only)
Pleasant St United Methodist Church
61 Pleasant St. 04901
Side entrance, in basement
Zoom ID 453-478-376 Password: recovery

For New Hampshire Meeting Information
888-624-3578
www.gसाना.org

FRIDAY

AUGUSTA **The Point of Freedom**
7:00-8:00 PM Augusta Recovery & Reentry Center
O L 19 H CS HY 2 Bangor St 04330 2nd Floor
Zoom ID: [956-5503-2181](#) [passcode: 801687](#)

BANGOR **Mind, Body, and Spirit**
12:00 -1:00 PM Together Place
O 2 Second St 04401

BIDDEFORD **Stairway to Freedom**
7:00-8:15 PM Second Congregational Church
O D 12 H 19 Crescent St. 04005

BREWER **New Beginnings (Hybrid)**
7:30 pm-8:30 PM Bangor Area Recovery Network
O D H HY 142 Center St. 04412
Zoom ID: [720-730-1505](#)

ELLSWORTH **Alive & Kicking (Hybrid)**
7-8:15 PM Your Place Inc.–8 Old Mill Rd 04605
O D L SP H HY Rte 1A & 179, behind Sunrise Glass
Zoom ID: [830-3172-5709](#)

PORTLAND **We Are All in This Together**
12-1:00 PM Portland Recovery Community Center
O H 102 Bishop St. 04103

ROCKLAND **Our Gratitude Speaks**
6:30 -7:30 PM MidCoast Strong
O So CW 143 Maverick St. 04841

WATERVILLE **Waterville Five & Dime**
6-7:30 PM Pleasant St United Methodist Church
C D L 61 Pleasant St. 04901
Elevator to 2nd Floor, Dunn Parlor
(Masks required?) Open Mtg. last Fri. of Month

SATURDAY

BANGOR **Man Up (Hybrid)**
10-11:00 PM Together Place
C CL M H HY 2 Second St 04401
Zoom ID: [891-5753-0799](#)

BANGOR **Recover Out Loud (SUSPENDED until FALL)**
1:00-2:00 PM Hammond St Congregational Church
O LGBTQIA+ 28 High St. 04401

BREWER **Ultimate Weapon (Hybrid)**
7:30-8:30 PM Bangor Area Recovery Network
O SP H HY 142 Center St 04412
Zoom ID: [572-681-0574](#)

CARIBOU **Most Powerful Vehicle**
7:00-8:00 PM RRCC
O D L 1 Water St. 04736

FARMINGTON **Nine-ish (Crosby Room) (Online Only)**
9-10:30 AM Franklin County Mem. Hosp.
O D H 111 Franklin Health Commons, 04938
Zoom ID: [664-384-860](#)

PORTLAND **Principles Before Personalities**
7-8:15 PM Williston-Immanuel United Church
O D CL 156 High St. 04101
Use Deering St. Rear Entrance
Masks and socially distancing required

S THOMASTON **The Keag is Up (Reopened)**
6:30-7:30 PM People's United Methodist Church
O D CL 13 Chapel St. 04858

SWAN'S ISLAND **Swan's Island Group**
7:00-8:00 PM Mill Pond Health Center
O 235 Mintum Rd. 04685
Must use a mask & socially distance??

SERVICE MEETINGS

Maine Area Public Relations / Hospitals & Institutions Subcommittee Meeting (Online)
August 9th, 9:00 PM
Zoom ID: [828-5857-5901](#) Password: Recovery

Eastern Maine Area Activities Committee Meeting (Hybrid)
August 10th 6:00 PM
Bangor Area Recovery Network
142 Center St, Brewer 04401
Zoom ID: [837-9355-0836](#)

Eastern Maine Unity Fest Committee (Online)
August 11th 2022 6:00 PM
Zoom ID: [932-045-898](#) no password

Eastern Maine Area Public Relations / Hospitals & Institutions Subcommittee Meeting (Online)
August 21st, 10:30 PM – 11:30 AM
Zoom ID: [812-6943-9450](#) no password

Eastern Maine Area Service Committee Meeting (Online)
August 21st, 2022 11:30 AM
Zoom ID: [812-6943-9450](#) no password

Maine Area Service Committee Meeting (Hybrid)
August 28th, 2022 12:00 PM - 3:00 PM
Portland Recovery Community Center
102 Bishop Street, Portland 01401
Zoom ID: [896-4245-3855](#) no password

**IF YOU WANT TO USE ... USE THE PHONE!
CONTACT LIST**

Empty contact list form with horizontal lines for text entry.

MEETING CODES

- O Open Meeting, all welcome
- C Closed Meeting for addicts and those who think they might have a problem with drugs
- 19Restrictions due to Covid 19
- CWChildren Welcome
- CSChildren under supervision
- D Discussion
- B Beginners
- SP Speaker Meeting
- BT Basic Text
- JFT..... Just For Today
- 12 Step/Tradition Meeting
- L Literature
- LC Living Clean
- H Handicapped Accessible
- SD Speaker/Discussion
- 19Restrictions due to Covid-19
- I Institution
- W Women's Meeting
- M Men's Meeting
- CL Candlelight
- TopicTopic
- Rr..... Round Robin
- SoSpeaker Only



NARCOTICS ANONYMOUS

**Maine Meeting List
JULY 2022 – AUGUST 2022**

(07-31-2022)

For the most current meeting list visit:
<https://namaine.org>
or call the Helpline
For additional meeting lists, get them at the Area Service Committee, download them from the website or photocopy this meeting list.

"When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on as best we can to the bitter ends – jails, institutions or death – or find a new way to live. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man's entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual—not religious—program, known as Narcotics Anonymous."

✦ **HELPLINE** ✦

1-800-974-0062



Maine Area Service Committee
PO Box 5309
Portland, ME 04101

Eastern Maine Area Service Committee
PO Box 3533
Brewer, ME 04412