

## **SUNDAY**

**BANGOR**  
7-8:00 PM  
O L D H  
**Zoom ID: 351-875-5333 Password: 000000**  
**BREWER**  
**Women's Meeting**  
3:30-5PM  
C W  
Vacationland Inn  
453 Wilson St 04412 Meet downstairs

**BREWER**  
4-5:00 PM  
C CL M H  
**Zoom ID 891-5753-0799**

**CHERRYFIELD**  
7:00-8:00 PM  
O L H  
(SUSPENDED) You Know Serenity  
Cherryfield Congregational Church  
10 River Rd 04622

**ELLSWORTH**  
7-8:15 PM  
O D H  
**Zoom ID: 686-442-5444**

**KENNEBUNK**  
6:30-7:30 PM  
O D H  
**Zoom ID: 847-7173-4543**

**OXFORD**  
7:00-8:00 PM  
O SP Topic  
(SUSPENDED) **Easy Does IT**  
His Place Teen Center  
254 Webber Brook Rd 04270

**PORTLAND**  
7-8:15PM  
O D L H  
(SUSPENDED) **So Fresh And So Clean**  
Amistad Peer Recovery Center  
66 State St. 04101

**WATERVILLE**  
7-8:00 PM  
BT  
**Zoom ID: 734-682-785 Password: recovery**

**MONDAY**  
**AUGUSTA**  
7:00-8:30 PM  
O BT H  
**Zoom ID: 333-817-892 Password: recovery**

**BANGOR**  
12:00-1:00 PM  
O D  
(SUSPENDED) **The Promise is Freedom**  
St. John's Episcopal Church  
234 French St. 04401  
In church office, across from Church

**BELFAST**  
6:30-7:30 PM  
O 12 H  
**Zoom ID: 170-626-852**

**BREWER**  
7:30 pm-8:30 PM  
O D H  
**Zoom ID: 720-730-1505**

**Grateful We're Not Dead (online only)**  
Together Place  
2 Second St. 04401  
(SUSPENDED) **Grace and Dignity**

**Man Up (online only)**  
Bangor Area Recovery Network  
142 Center St 04412

(SUSPENDED) You Know Serenity  
Cherryfield Congregational Church  
10 River Rd 04622

**Alive & Kicking (Hybrid)**  
Your Place Inc.—8 Old Mill Rd 04605  
Rte 1A & 179, behind Sunrise Glass

**Free At Last (online only)**  
Christ's Church - Rear Door  
6 Dane Street/Rt. 1 & 35 04043

(SUSPENDED) **Easy Does IT**  
His Place Teen Center  
254 Webber Brook Rd 04270

(SUSPENDED) **So Fresh And So Clean**  
Amistad Peer Recovery Center  
66 State St. 04101

**We Do Recover (online only)**  
Pleasant St United Methodist Church  
61 Pleasant Street 04901

**Warm and Slightly Fuzzy (online only)**  
Green Street United Methodist Church  
13 Green St 04330

(SUSPENDED) **The Promise is Freedom**  
St. John's Episcopal Church  
234 French St. 04401  
In church office, across from Church

**Second Chances (online only)**  
United Methodist Church  
23 Mill Lane 04015

**New Beginnings (Hybrid)**  
Bangor Area Recovery Network  
142 Center St. 04412

**PORTLAND**  
7:00-8:15 PM  
O D CL Topic  
**Zoom ID: 999-0548-7028**

**RAYMOND**  
7-8:00 PM  
O L H  
**Zoom ID: 816-9260-1080**

**ROCKLAND**  
6:30-7:30 PM  
O D  
**Zoom ID: 490-000-3379:**

**TUESDAY**  
**ALFRED**  
7-8:00 PM  
O D H  
(SUSPENDED) **How Ya Doing?**  
Notre Dame Spiritual Center  
147 Shaker Hill Rd. 04002  
(off Route 202) Denis Hall

**BANGOR**  
7-8:00 PM  
O L D H  
**Zoom ID: 351-875-5333 Password: 000000**

**BLUE HILL**  
7:00-8:00 PM  
O 12 D  
(SUSPENDED) **Clean By The Bay**  
Blue Hill Memorial Hospital 04614  
57 Water St. – Rotating Format

**ELLSWORTH**  
7:00-8:15 PM  
O D H HY  
**Zoom ID: 686-442-5444**

**ELLSWORTH**  
7:00-8:00 PM  
O D SP  
**FARMINGTON**  
6:30-7:30 PM  
O 12  
**Zoom ID: 468-401-171**

**LEWISTON**  
8:15-9:15 PM  
O 12  
**Zoom ID: 951-817-7016**

**NORWAY**  
7:00-8:00 PM  
O D L  
**Zoom ID: 213-993-063 Password: 618926**

**PRESQUE ISLE**  
7:00-8:00PM  
O 12 H  
**ROCKLAND**  
6:30-7:30 PM  
O BT CL H

**Unity** (use side entrance) (online only)  
1st Unitarian Universalist Church  
425 Congress St. at Temple 04101

**One of Us (hybrid)**  
Clyde Bailey Drop In Center  
1311 Roosevelt Trail 04071

**Coastal Recovery (online only)**  
Community Center, Ste 103&104  
24 Lincoln Street 04841

**Grateful We're Not Dead (online only)**  
Together Place  
2 Second St. 04401

(SUSPENDED) **Clean By The Bay**  
Blue Hill Memorial Hospital 04614  
57 Water St. – Rotating Format

**Alive & Kicking (hybrid)**  
Your Place, Inc –8 Old Mill Rd 04605  
1A&179, behind Sunrise Glass

(SUSPENDED) **Love & Tolerance**  
St. Dunstan's Episcopal Church  
134 State Street 04605

**Dragon Slayers (online)**  
Henderson Mem. Baptist Church  
110 Academy (at Main St.) 04938

**Time is Money (online only)**  
Calvary Methodist Church  
59 Sabattus St 04240

**HOPE (Hold On Pain Ends) (hybrid)**  
Old Yellow Schoolhouse  
160 Main St. 04268

**Courage to Change**  
St. John's Church  
52 Second Street. 04769  
**Reopened**  
(SUSPENDED) **New Attitudes**  
St. Peters Episcopal Church  
11 White St (corner of White & Limerock) 04841

**WEDNESDAY**  
**AUGUSTA**  
530-6:30PM  
O D  
**Zoom ID 859-583-782**  
**Password: recovery**

**BANGOR**  
**Freedom**  
12:00-1:00 PM  
O D  
(SUSPENDED) **The Promise is**

**BANGOR**  
7:00-8:15 PM  
O D  
St. John's Episcopal Church  
234 French St. 04401  
In church office, across from Church

**Zoom ID 891-5753-0799**  
**BELFAST**  
6:00 pm-7:00 PM  
O Topic H  
**Zoom ID 510-598-187**

**BREWER**  
7:30 pm-8:30 PM  
O D H  
**Zoom ID: 720-730-1505**

**CARIBOU**  
**Vehicle**  
7:00-8:00 PM  
O L TOPIC  
(SUSPENDED) **Most Powerful**  
RRCC  
1 Water St. 04736

**OLD ORCHARD**  
7:30-8:45 PM  
O L H  
**Zoom ID: 743-970-097 Password: 103480**

**OLD TOWN**  
7:00-8:00 PM  
O D H  
(SUSPENDED) **Fear to Faith**  
**Saint Ann's Catholic Church**  
6 Down St, 04468

**Online Only**  
6:00-7:30 PM  
O W Topic Stick  
**Zoom ID: 841-1741-4925**

**PORTLAND**  
7-8:15 PM  
O L Topic  
(SUSPENDED) **No More Tears**  
State Street Church, UCC  
159 State Street 04101

**ROCKLAND**  
6:30-7:30 PM  
O D L H  
**Zoom ID: 744-995-571**

**SKOWHEGAN**  
6:45-7:45 PM  
O BT H  
(SUSPENDED) **Keys to Freedom**  
Redington-Fairview General Hospital  
46 Fairview St, 04976  
Conf. room 2 (thru main entrance)  
**Clean Slate Group (Reopened)**  
ABC Baptist Church  
1 Elm St, 04086  
Please bring a mask & socially

distance

**WINDHAM**  
7-8:00 PM  
O  
**Keepers of Change (Reopened)**  
Union Church  
723 Roosevelt Trail 04062  
Meeting outside if weather permits

**THURSDAY**  
**ALFRED**  
7-8 PM  
O D H  
(SUSPENDED) **How Ya Doing?**  
Notre Dame Spiritual Center  
147 Shaker Hill Rd. 04002  
(off Route 202) Denis Hall

**BELFAST**  
6:30-8:00 PM  
O SP D Rr H  
**Zoom ID: 284-213-9737 Password: 425459**

**BREWER**  
7-8:00 PM  
O L D H  
**Zoom ID: 351-875-5333 Password: 000000**

**BRIDGTON**  
7:00-8:00 PM  
O  
**Recovery Is Possible (Online only)**  
Lakes Region Recovery Center  
25 Hospital Drive 04009  
At back of hospital campus

**Zoom ID: 856-5298-4951**  
**CARIBOU**  
9:00-10:00 AM  
O BT D  
**Zoom ID: 328-246-265 Password: 1953**

**ELLSWORTH**  
7:00-8:00 PM  
O D H  
**Zoom ID: 687-938-3591**

**FARMINGTON**  
7-8:00 PM  
C 12 L H  
**Zoom ID: 524-280-410**

**LEWISTON**  
8:00-9:00 PM  
O L  
**Zoom ID: 736-6290-6409 Passcode: 686936**

**PORTLAND**  
7-8:15 PM  
O D  
(SUSPENDED) **No Name Group**  
Sacred Heart Church,  
80 Sherman St 04101  
Corner of Sherman/Mellen

**WATERVILLE**  
6-7:00 PM  
O D CL  
**Zoom ID 453-478-376** Side entrance, in basement  
**Password: recovery**

**Second Chances (Online only)**  
United Methodist Church  
23 Mill Lane 04915

**Grateful We're Not Dead (Hybrid)**  
Bangor Area Recovery Network  
142 Center St. 04412

**Recovery Is Possible (Online only)**  
Lakes Region Recovery Center  
25 Hospital Drive 04009  
At back of hospital campus

**Most Powerful Vehicle (Hybrid)**  
RRCC  
1 Water St. 04736

**Hugs Not Drugs (online only)**  
Northern Light Maine Coast Hospital  
50 Union St. 04605

**Step Awareness (online only)**  
Franklin County  
Memorial Hospital  
111 Franklin Health, Rt. 2/4 04938

**Free and Clean (online only)**  
Calvary Methodist Church  
59 Sabattus Street 04240

(SUSPENDED) **No Name Group**  
Sacred Heart Church,  
80 Sherman St 04101  
Corner of Sherman/Mellen

**Without Parallel (online only)**  
Pleasant St United Methodist Church  
61 Pleasant St. 04901

**FRIDAY**

**AUGUSTA** **Clean and Serene (online only)**  
6:30-8:00 PM Penney Memorial Church  
O L D 393 Water St 04330  
*Zoom ID: 589-584-898 Password: recovery*

**BANGOR** (SUSPENDED) **The Promise is Freedom**  
12:00–1:00 PM St. John’s Episcopal Church  
O D 234 French St. 04401  
In church office, across from Church

**BANGOR** Ultimate Weapon (online only)  
7:30–9:00 PM The Union St Brick Church  
O SP H 126 Union St. 04401  
*Zoom ID: 572-681-0574*

**BREWER** **New Beginnings (Hybrid)**  
7:30 pm-8:30 PM Bangor Area Recovery Network  
O D H 142 Center St. 04412  
*Zoom ID: 720-730-1505*

**ELLSWORTH** **Alive & Kicking (Hybrid)**  
7-8:15 PM Your Place Inc – 8 Old Mill Rd 04605  
O D H 1A&179, behind Sunrise Glass  
*Zoom ID: 686-442-5444*

**MEXICO** **Harvest Meeting**  
7:00-8:00 PM First Baptist Church  
O D B SP 12 H 20 Roxbury Rd 04257  
Child care provided

**PORTLAND** **Original Recipe Basic Text (online only)**  
7-8:15PM Mercy Hospital, lower auditorium B2  
O D BT H 144 State St.  
*Zoom ID: 435-840-572*

**PRESQUE ISLE** **Courage to Change Reopened**  
7:00–8:00 PM St. John’s Church  
O D H 52 Second Street 04769

**ROCKLAND** (SUSPENDED) **New Attitudes**  
6:30-7:30 PM St. Peters Church  
O D CL H 11 White St 04841  
Corner White & Limerock St

**WATERVILLE** **Waterville Five & Dime (online only)**  
6-7:30 PM Pleasant St United Methodist Church  
C D L 61 Pleasant St. 04901  
*Zoom ID 861-907-785 Elevator to 2<sup>nd</sup> Floor, Dunn Parlor  
Password: recovery Open Mtg. last Fri. of Month*

**SATURDAY**

**BANGOR** **New Freedom (online only)**  
7:00-8:00 PM E Maine Medical Center  
O D H 489 State St 04401  
Brandon Conference Room 2<sup>nd</sup> floor  
*Zoom ID: 889-3585-0969 Password: 000000*

**BANGOR** (SUSPENDED) **Step It Up**  
10:00–11:15 AM St. John’s Episcopal Church  
O 12 L 234 French St. 04401  
In church office, across from church

**CARIBOU** **Most Powerful Vehicle (Hybrid)**  
7:00-8:00 PM RRCC  
O D L 1 Water St. 04736  
*Zoom ID: 328-246-265 Password: 1953*

**ELLSWORTH** (SUSPENDED) **Love & Tolerance**  
7:00-8:00 PM St. Dunstan’s Episcopal Church  
O D SP 134 State Street 04605

**FARMINGTON** **Nine-ish (Crosby Room) (online only)**  
9-10:30 AM Franklin County Mem. Hosp.  
O D H 111 Franklin Health, Rt. 2/4 04938  
*Zoom ID: 664-384-860*

**Online Only** **Women Inspired (online only)**  
6:00-7:30 PM *Zoom ID: 841-1741-4925*  
O L W

**PORTLAND** **Principles Before Personalities**  
7-8:15 PM Williston-Immanuel United Church  
O D CL 156 High St. 04101  
Use Deering St. Rear Entrance  
*Reopened Please bring a mask*

**S THOMASTON** (SUSPENDED) **The Keag is Up**  
6:30-7:30 PM People’s United Methodist Church  
O D CL 13 Chapel St. 04858

**IF YOU WANT TO USE ... USE THE PHONE!**

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- MEETING CODES**
- O..... Open Meeting, all welcome
  - C..... Closed Meeting for addicts and those who think they might have a problem
  - D..... Discussion
  - B..... Beginners
  - SP..... Speaker Meeting
  - BT..... Basic Text
  - JFT..... Just For Today
  - 12..... Step/Tradition Meeting
  - L..... Literature
  - H..... Handicapped Accessible
  - I..... Institution
  - W..... Women’s Meeting
  - M..... Men’s Meeting
  - CL..... Candlelight
  - Rr..... Round Robin



**NARCOTICS ANONYMOUS**

**Maine Meeting List**  
**SEP 2020-OCT 2020**  
(09-18-2020)

For the most current meeting list visit:  
[www.namaine.org](http://www.namaine.org)  
or call the Helpline  
**For additional meeting lists, either download them from the website or copy this meeting list.**

“When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on as best we can to the bitter ends – jails, institutions or death – or find a new way to live. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man’s entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual—not religious—program, known as Narcotics Anonymous.”

✦ **HELPLINE** ✦

**1-800-974-0062**



Maine Area Service Committee  
PO Box 5309  
Portland, ME 04101

NA World Services  
PO Box 9999  
Van Nuys, CA 91409-9099