

SUNDAY

BANGOR

7-8:00 PM
O L D H

BREWER

2-3PM
O

BREWER

3:30-5PM
C W

BREWER

4-5:00 PM
C CL M H

CHERRYFIELD

7:00-8:00 PM
O L H

ELLSWORTH

7-8:15 PM
O D H

KENNEBUNK

6:30-7:30 PM
O D H

PORTLAND

7-8:15PM
O D L H

WATERVILLE

7-8:00 PM
BT

MONDAY

AUGUSTA

7:00-8:30 PM
O BT H

BANGOR

12:00–1:00 PM
O D

BATH

7:00–8:15 PM
O L D

BELFAST

6:30-7:30 PM
O 12 H

BREWER

7:30 pm-8:30 PM
O D H

Grateful We're Not Dead

Together Place
2 Second St. 04401

Bangor Area Newcomers

Bangor Area Recovery Network
142 Center St 04412

Grace and Dignity Women's Meeting

Vacationland Inn
453 Wilson St 04412 Meet downstairs

Man Up

Bangor Area Recovery Network
142 Center St 04412

You Know Serenity

Cherryfield Congregational Church
10 River Rd 04622

Alive & Kicking

Your Place Inc.–8 Old Mill Rd 04605
Rte 1A & 179, behind Sunrise Glass

Free At Last

Christ's Church - Rear Door
6 Dane Street/Rt. 1 & 35 04043

So Fresh And So Clean

Amistad Peer Recovery Center
66 State St. 04101

We Do Recover

Pleasant St United Methodist Church
61 Pleasant Street 04901

Warm and Slightly Fuzzy

Green Street United Methodist Church
13 Green St 04330

The Promise is Freedom

St. John's Episcopal Church
234 French St. 04401
In church office, across from Church

Better Off Read

Bath United Methodist Church
340 Oak Grove Ave 04530

Second Chances

United Methodist Church
23 Mill Lane 04015

New Beginnings

Bangor Area Recovery Network
142 Center St. 04412

BRIDGTON

7-8:00 PM
O D L H
Bridgton Community Center
15 Depot St. 04009

PORTLAND

12:00-1:00 PM
O D B BT
Portland Recovery Community Center
468 Forest Avenue 04101

PORTLAND

7:00-8:15 PM
O D CL Topic
Unity (use side entrance)
1st Unitarian Universalist Church
425 Congress St. at Temple 04101

RAYMOND

7-8:00 PM
O L H
One of Us
Clyde Bailey Drop In Center
1311 Roosevelt Trail 04071

ROCKLAND

6:30-7:30 PM
O D
Coastal Recovery Group
Community Center, Ste 103&104
24 Lincoln Street 04841

SANFORD

7:30 - 8:30 PM
O D SP H
Key Tags Not Toe Tags
Saint George's Church
3 Emerson St 04073
In the nursery

SOUTHWEST

HARBOR
7:00-8:00 PM
O D H
Safe Harbor
Harbor House Community Center
329 Main St 04901

TUESDAY

ALFRED

7-8:00 PM
O D H
How Ya Doing?
Notre Dame Spiritual Center
147 Shaker Hill Rd. 04002
(off Route 202) Denis Hall

BANGOR

7-8:00 PM
O L D H
Grateful We're Not Dead
Together Place
2 Second St. 04401

BIDDEFORD

7:00-8:15 PM
O D H
Stairway to Freedom
Second Congregational Church
19 Crescent St. 04005

BLUE HILL

7:00-8:00 PM
O 12 D
Clean By The Bay
Blue Hill Memorial Hospital 04614
57 Water St. – Rotating Format

ELLSWORTH

7:00-8:15 PM
O D H
Alive & Kicking
Your Place, Inc –8 Old Mill Rd 04605
1A&179, behind Sunrise Glass

ELLSWORTH

7:00-8:00 PM
O D SP
Love & Tolerance
St. Dunstan's Episcopal Church
134 State Street 04605

FARMINGTON

6:30-7:30 PM
O 12
Dragon Slayers
Henderson Mem. Baptist Church
110 Academy (at Main St.) 04938

LEWISTON

8:15-9:15 PM
O 12
Time is Money
Calvary Methodist Church
59 Sabattus St 04240

NORWAY

7:00–8:00 PM
O D L
Oxford Hills Group
Common Ground Counselling
235 Main St. 04268
Side door to bottom floor

PORTLAND

12:00-1:00 PM
O D B BT
New Beginnings
Portland Recovery Community Center
468 Forest Avenue 04101

PORTLAND

5:30 - 6:30 PM
O L W
NA Women's Meeting
St Paul's Church, Parish Hall
279 Congress Street 04101
Enter on Locust Street

PORTLAND

7-8:15 PM
O S-123
Share & Live
State Street Church, UCC
159 State Street 04101

PRESQUE ISLE

7:00-8:00PM
O 12 H
Courage to Change
St. John's Church
52 Second Street. 04769

ROCKLAND

6:30-7:30 PM
O BT CL H
New Attitudes
St. Peters Episcopal Church
11 White St (corner of White &
Limerock) 04841

WEDNESDAY

AUGUSTA

530–6:30PM
O D
We Do Recover
LINC Wellness and Recovery Center
38 Memorial Drive 04330
2nd Floor Education Room

BANGOR

12:00–1:00 PM
O D
The Promise is Freedom
St. John's Episcopal Church
234 French St. 04401
In church office, across from Church

BANGOR

7:00–8:15 PM
O D
Man Up
St. John's Episcopal Church
234 French St. 04401
In church office, across from Church

BELFAST

6:00 pm-7:00 PM
O Topic H
Second Chances
United Methodist Church
23 Mill Lane 04915

BREWER

7:30 pm-8:30 PM
O D H
New Beginning
Bangor Area Recovery Network
142 Center St. 04412

BRIDGETON

7:00-8:00 PM
O
Recovery Is Possible
Lakes Region Recovery Center
25 Hospital Drive 04009
At back of hospital campus

CARIBOU

7:00-8:00 PM
O L TOPIC
Most Powerful Vehicle
RRCC
1 Water St. 04736

OLD ORCHARD

7:30-8:45 PM
O L H
Catch the Wave
United Methodist Church, 04064
Corner of Washington & 6 Fountain Ave
On beach in July, at end of Ocean Ave

OLD TOWN

7:00-8:00 PM
O D H
Fear to Faith
Saint Ann's Catholic Church
6 Down St, 04468

PORTLAND

7-8:15 PM
O L Topic
No More Tears
State Street Church, UCC
159 State Street 04101

ROCKLAND

6:30-7:30 PM
O D L H
Just For Today
St. Peter's Church, 11 White St 04841
Literature study Living Clean or JFT

SANFORD

7:30-9:00 PM
O H
Live Clean or Die
Sanford UU Church
5 Lebanon St. 04073
Great Children's Room
Prkng/Entrance behind Salvation Army

SKOWHEGAN

6:45-7:45 PM
O BT H
Keys to Freedom
Redington-Fairview General Hospital
46 Fairview St, 04976
Conf. room 2 (thru main entrance)

TOPSHAM

7:00-8:00 PM
O 12
Clean Slate Group
ABC Baptist Church
1 Elm St, 04086

WINDHAM

7 -8:00 PM
O
Keepers of Change
Union Church
723 Roosevelt Trail 04062

THURSDAY

ALFRED

7-8 PM
O D H
How Ya Doin'??
Notre Dame Spiritual Center
147 Shaker Hill Rd. 04002
(off Route 202) Denis Hall

BANGOR

7-8:00 PM
O L D H
Grateful We're Not Dead
Together Place
150 Union St. 04401

BELFAST

6:30-8:00 PM
O SP H
Second Chances
United Methodist Church
23 Mill Lane 04915

BRUNSWICK

7-8:15 PM
O JFT H
Just For Today
St. Paul's Episcopal Church.
27 Pleasant St. 04011

CARIBOU

9:00-10:00 AM
O BT D
Most Powerful Vehicle
RRCC
1 Water St. 04736

ELLSWORTH
7:00-8:00 PM
O D H
Hugs Not Drugs
Northern Light Maine Coast Hospital
50 Union St. 04605

FARMINGTON
7-8:00 PM
C 12 L H
Step Awareness
Franklin County
Memorial Hospital
111 Franklin Health, Rt. 2/4 04938

LEWISTON
8:00-9:00 PM
O L
Free and Clean
Calvary Methodist Church
59 Sabattus Street 04240

PORTLAND
12:00-1:00 PM
O D B BT
New Beginnings
Portland Recovery Community Center
468 Forest Avenue 04101

PORTLAND
7-8:15 PM
O D
No Matter What Group
Sacred Heart Church,
80 Sherman St 04101
Corner of Sherman/Mellen

For New Hampshire Meeting Information
888-624-3578
www.gsana.org

FRIDAY

AUGUSTA
6:30-8:00 PM
O L D
Clean and Serene
Penney Memorial Church
393 Water St 04330

BANGOR
12:00-1:00 PM
O D
The Promise is Freedom
St. John's Episcopal Church
234 French St. 04401
In church office, across from Church

BANGOR
7:30-9:00 PM
O SP H
Ultimate Weapon
The Union St Brick Church
126 Union St. 04401

BIDDEFORD
7:00-8:15 PM
O D 12 H
Stairway to Freedom
Second Congregational Church
19 Crescent St. 04005

BREWER
7:30 pm-8:30 PM
O D H
New Beginning
Bangor Area Recovery Network
142 Center St. 04412

ELLSWORTH
7-8:15 PM
O D H
Alive & Kicking
Your Place Inc – 8 Old Mill Rd 04605
1A&179, behind Sunrise Glass

MEXICO
7:00-8:00 PM
O D B SP 12 H

Harvest Meeting
First Baptist Church
20 Roxbury Rd 04257
Child care provided

PORTLAND
12:00-1:00 PM
O D B BT H
New Beginnings
Portland Recovery Community Center
468 Forest Avenue 04101

PORTLAND
7-8:15PM
O D BT H
Original Recipe Basic Text
Mercy Hospital, lower auditorium B2
144 State St.

PRESQUE ISLE
7:00-8:00 PM
O D H
Courage to Change
St. John's Church
52 Second Street 04769

ROCKLAND
6:30-7:30 PM
O D CL H
New Attitudes
St. Peters Church
11 White St 04841
Corner White & Limerock St

WATERVILLE
6-7:30 PM
C D L
Waterville Five & Dime
Pleasant St United Methodist Church
61 Pleasant St. 04901
Elevator to 2nd Floor, Dunn Parlor
Open Mtg. last Fri. of Month

SATURDAY

BANGOR
7:00-8:00 PM
O D H
New Freedom
E Maine Medical Center
489 State St 04401
Brandon Conference Room 2nd floor

BANGOR
10:00-11:15 AM
O 12 L
Step It Up
St John's Episcopal Church
234 French St 04401
In church office, across from church

BIDDEFORD
7:00-8:15 PM
O L H
Stairway to Freedom
Second Congregational Church
19 Crescent St. 04005

BRIDGETON
7:00-8:00 PM
O
You Are Not Alone
Lakes Region Recovery Center
25 Hospital Drive 04009
At back of hospital campus

CARIBOU
7:00-8:00 PM
O D L
Most Powerful Vehicle
RRCC
1 Water St. 04736

ELLSWORTH
7:00-8:00 PM
O D SP
Love & Tolerance
St. Dunstan's Episcopal Church
134 State Street 04605

FARMINGTON
9-10:00 AM
O D H
Nine-ish (Crosby Room)
Franklin County Mem. Hosp.
111 Franklin Health, Rt. 2/4 04938

GREENVILLE JCT
7:00-8:00 PM
O JFT
We Can Do It
C.A. Dean Hospital.
364 Pritham Ave, 04442

PORTLAND
7-8:15 PM
O D CL
Principles Before Personalities
Immanuel Baptist Church
156 High St. 04101
Use Deering St. Rear Entrance

S THOMASTON
6:30-7:30 PM
O D CL
The Keag is Up
People's United Methodist Church
13 Chapel St. 04858

IF YOU WANT TO USE ... USE THE PHONE!

MEETING CODES

- O..... Open Meeting, all welcome
- C..... Closed Meeting for addicts and those who think they might have a problem
- D..... Discussion
- B..... Beginners
- SP..... Speaker Meeting
- BT..... Basic Text
- JFT..... Just For Today
- 12..... Step/Tradition Meeting
- L..... Literature
- H..... Handicapped Accessible
- I..... Institution
- W..... Women's Meeting
- M..... Men's Meeting
- CL..... Candlelight



NARCOTICS
ANONYMOUS
Maine Meeting List
SEP 2019-OCT 2019

(09-16-2019)

For the most current meeting list visit:
www.namaine.org
or call the Helpline
**For additional meeting lists, either
download them from the website or
copy this meeting list.**

“When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on as best we can to the bitter ends – jails, institutions or death – or find a new way to live. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man's entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual—not religious—program, known as Narcotics Anonymous.”

◆ **HELPLINE** ◆

1-800-974-0062



Maine Area Service Committee
PO Box 5309
Portland, ME 04101

NA World Services
PO Box 9999
Van Nuys, CA 91409-9099