

SUNDAY

BANGOR

7-8:00 PM
O L D H

BREWER

2-3PM
O

BREWER

4-5:00 PM
CL M

CHERRYFIELD

7:00-8:00 PM
O L

ELLSWORTH

7-8:00 PM
O D H

KENNEBUNK

6:30-7:30 PM
O D H

PORTLAND

8:30-9:30 AM
SP O

PORTLAND

7-8:15PM
O D L H

Waterville

7-8:00 PM
BT

MONDAY

AUGUSTA

7:30-9 PM
O BT H

BANGOR

12:00–1:00 PM
O D

BELFAST

6:30-7:30 PM
O 12 H

BREWER

7:30 pm-8:30 PM
O D H

BRIDGTON

7-8:00 PM
O D L H

Grateful We're Not Dead

Together Place
2 Second St. 04401

Bangor Area Newcomers

Bangor Area Recovery Network
142 Center St 04412

Man Up

Bangor Area Recovery Network
142 Center St 04412

You Know Serenity

Cherryfield Congregational Church
10 River Rd 04622

Alive & Kicking

Your Place Inc.—8 Old Mill Rd 04605
Rte 1A & 179, behind Sunrise Glass

Free At Last

Christ's Church - Rear Door
6 Dane Street/Rt. 1 & 35 04043

Lost In Meditation

11th Step Meditation Meeting
PRCC 468 Forest Ave. 04101

So Fresh And So Clean

Amistad Peer Recovery Center
66 State St. 04101

We Do Recover

Pleasant St United Methodist Church
61 Pleasant Street 04901

Warm and Slightly Fuzzy

Green Street United Methodist Church
13 Green St 04330

The Promise is Freedom

St. John's Episcopal Church
234 French St. 04401
In church office, across from Church

Second Chances

55 Spring Street 04915
First Church of Belfast 'Annex'
Beside Crosby School

New Beginnings

Bangor Area Recovery Network
142 Center St. 04412

How It Works (Room 2)

Bridgton Community Center
15 Depot St. 04009

KENNEBUNK

7-8:00 PM
O D H

PORTLAND

12:00-1:00 PM
O D B BT

PORTLAND

7:00-8:15 PM
O D CL Topic

RAYMOND

7-8:00 PM
O L H

ROCKLAND

6:30-7:30 PM
O D

SACO

7-8:15 PM
O

SOUTHWEST

HARBOR
7:00-8:00 PM
O D H

WATERVILLE

7:00-8:00 PM
O

TUESDAY

ALFRED

7-8:00 PM
O D H

BANGOR

12:00–1:00 PM
O D

BANGOR

7-8:00 PM
O L D H

BIDDEFORD

7:00-8:15 PM
O D H

BLUE HILL

7:00-8:00 PM
O 12 D

ELLSWORTH

7:00-8:00 PM
O D H

It Just Gets Better

St David's Episcopal Church
138 York Street 04043

New Beginnings

Portland Recovery Community Center
468 Forest Avenue 04101

Unity (use side entrance)

1st Unitarian Universalist Church
425 Congress St. at Temple 04101

Lake Region Group

Clyde Bailey Drop In Center
1311 Roosevelt Trail 04071

Coastal Recovery Group

Community Center, Ste 103&104,
24 Lincoln Street 04841

No Name Group

Oasis Club
63 School Street 04072

Safe Harbor

Harbor House Community Center
329 Main St 04901

11th Step Meditation Meeting

First Congregational Church
7 Eustis Parkway 04679

How Ya Doing?

Notre Dame Spiritual Center
147 Shaker Hill Rd. 04002
(off Route 202) Denis Hall

The Promise is Freedom

St. John's Episcopal Church
234 French St. 04401
In church office, across from Church

Grateful We're Not Dead

Together Place
2 Second St. 04401

Stairway to Freedom

Second Congregational Church
19 Crescent St. 04005

Clean By The Bay

Blue Hill Memorial Hospital 04614
57 Water St. – Rotating Format

Alive & Kicking

Your Place, Inc —8 Old Mill Rd 04605
1A&179, behind Sunrise Glass

ELLSWORTH

7:00-8:00 PM
O D SP

FARMINGTON

6:30-7:30 PM
O 12

LEWISTON

8:00-9:00 PM
O 12

NORWAY

7:00–8:00 PM
O D L

PORTLAND

12:00-1:00 PM
O D B BT

PORTLAND

7-8:15 PM
O S-123

PRESQUE ISLE

7:00-8:00PM
O 12 H

ROCKLAND

6:30-7:30 PM
O BT CL H

WATERVILLE

6:30-7:30 PM
O L H

WEDNESDAY

AUGUSTA

530–6:30PM
O D

BANGOR

12:00–1:00 PM
O D

BELFAST

6:00 pm-7:00 PM
O D H

BREWER

7:30 pm-8:30 PM
O D H

OLD ORCHARD

7:30-8:45 PM
O L H

Love & Tolerance

St. Dunstan's Episcopal Church
134 State Street 04605

Dragon Slayers

Henderson Mem. Baptist Church
110 Academy (at Main St.) 04938

Time is Money

Grace Street Recovery Center
550 Lisbon St 04240

Oxford Hills Group

Common Ground Counselling
235 Main St. 04268
Side door to bottom floor

New Beginnings

Portland Recovery Community Center
468 Forest Avenue 04101

Share & Live

State Street Church, UCC
159 State Street 04101

Courage to Change

St. John's Church
52 Second Street. 04769

New Attitudes

St. Peters Episcopal Church
11 White St (corner of White &
Limerock) 04841

Who Am I?

St. Mark's Episcopal Church
60 Eustis Parkway at North St 04901

We Do Recover

LINC Wellness and Recovery Center
38 Memorial Drive 04330
2nd Floor Education Room

The Promise is Freedom

St. John's Episcopal Church
234 French St. 04401
In church office, across from Church

Second Chances

United Methodist Church
23 Mill Lane 04915

New Beginning

Bangor Area Recovery Network
142 Center St. 04412

Catch the Wave

United Methodist Church, 04064
Corner of Washington & 6 Fountain Ave
On beach in July, at end of Ocean Ave

ROCKLAND

6:30-7:30 PM
O D L H

SANFORD

7:30-9:00 PM
O H

SKOWHEGAN

6:45-7:45 PM
BT O H

TOPSHAM

7:00-8:00 PM
O 12

THURSDAY

ALFRED

7-8 PM
O D H

BANGOR

12:00–1:00 PM
O D

BANGOR

7-8:00 PM
O L D H

BELFAST

6:30-7:30 PM
O D H

BRUNSWICK

7-8:15 PM
O JFT

FARMINGTON

7-8:00 PM
C 12 L H

LEWISTON

8:00–9:00 PM
O L

PORTLAND

12:00-1:00 PM
O D B BT

PORTLAND

7 -8:15 PM
O D

Just For Today

St. Peter's Church, 11 White St 04841
Literature study Living Clean or JFT

Live Clean or Die

Sanford UU Church
5 Lebanon St. 04073
Great Children's Room
Prkng/Entrance behind Salvation Army

Keys to Freedom

Redington-Fairview General Hospital
46 Fairview St. 04976
Conf. room 2 (thru main entrance)

Clean Slate Group

ABC Baptist Church
1 Elm St, 04086

How Ya Doin'?

Notre Dame Spiritual Center
147 Shaker Hill Rd. 04002
(off Route 202) Denis Hall

The Promise is Freedom

St. John's Episcopal Church
234 French St. 04401
In church office, across from Church

Grateful We're Not Dead

Together Place
2 Second St. 04401

Second Chances

United Methodist Church
23 Mill Lane 04915

Just For Today

St. Paul's Episcopal Church.
27 Pleasant St. 04011

Step Awareness

Franklin County
Memorial Hospital
111 Franklin Health, Rt. 2/4 04938

Free and Clean

Calvary Methodist Church
59 Sabattus Street 04240

New Beginnings

Portland Recovery Community Center
468 Forest Avenue 04101

No Name Group

Sacred Heart Church,
80 Sherman St 04101
Corner of Sherman/Mellen

SANFORD

7-8:00 PM
L D

Key Tags Not Toe Tags

Saint George's Church
3 Emerson St 04073
Across from Cumberland Farms

STEEP FALLS

7-8:00 PM
O

Keepers Of Change

Steep Falls Country Church
35 Main St 04085

For New Hampshire Meeting Information
888-624-3578
www.gsana.org

**"Our message is hope and
the promise is freedom."**

FRIDAY

AUGUSTA

6:30-8:00 PM
O L D

Clean and Serene

Penney Memorial Church
393 Water St 04330

BANGOR

12:00-1:00 PM
O D

The Promise is Freedom

St. John's Episcopal Church
234 French St. 04401
In church office, across from Church

BIDDEFORD

7:00-8:15 PM
O D 12 H

Stairway to Freedom

Second Congregational Church
19 Crescent St. 04005

BREWER

7:30 pm-8:30 PM
O D H

New Beginning

Bangor Area Recovery Network
142 Center St. 04412

ELLSWORTH

7-8:00 PM
O D H

Alive & Kicking

Your Place Inc - 8 Old Mill Rd 04605
1A&179, behind Sunrise Glass

MEXICO

7:00-8:00 PM
O D B SP 12 H

Harvest Meeting

First Baptist Church
20 Roxbury Rd 04257
Child care provided

PORTLAND

12:00-1:00 PM
O D B BT H

New Beginnings

Portland Recovery Community Center
468 Forest Avenue 04101

PORTLAND

7-8:15PM
O D BT H

Original Recipe Basic Text

Mercy Hospital, lower auditorium B2
144 State St.

PRESQUE ISLE

7:00-8:00 PM
O D H

Courage to Change

St. John's Church
52 Second Street 04769

ROCKLAND

New Attitudes

6:30-7:30 PM
O D CL H

St. Peters Church
11 White St 04841
Corner White & Limerock St

SOUTH PARIS

7:00-8:00 PM
W O L D

Sisters In Serenity

First Universalist Church
36 Pine St, 04281

WATERVILLE

6-7:30 PM
C D L

Waterville Five & Dime

First Congregational Church
7 Eustis Parkway at Main St. 04901
Open Mtg. last Fri. of Month

SATURDAY

BANGOR

7:00-8:00 PM
O D H

New Freedom

E Maine Medical Center
489 State St 04401
Brandon Conference Room 2nd floor

BELFAST

10-11:00 AM
O D H

Second Chances

United Methodist Church
23 Mill Lane 04915

BIDDEFORD

7:00-8:15 PM
O D H

Stairway to Freedom

Second Congregational Church
19 Crescent St. 04005

CARIBOU

7:00-8:15 PM
O L

Most Powerful Vehicle

Soup Kitchen
62 Collins St. 04736

ELLSWORTH

7:00-8:00 PM
O D SP

Love & Tolerance

St. Dunstan's Episcopal Church
134 State Street 04605

FARMINGTON

9-10:00 AM
O D H

Nine-ish (Crosby Room)

Franklin County Mem. Hosp.
111 Franklin Health, Rt. 2/4 04938

GREENVILLE JCT

7:00-8:00 PM
O JFT

We Can Do It

C.A. Dean Hospital.
364 Pritham Ave, 04442

PORTLAND

3:15-4:15 PM
LIT H

Living Clean

Portland Recovery Community Center
468 Forest Avenue 04101

PORTLAND

7-8:15 PM
O D CL

Principles Before Personalities

Immanuel Baptist Church
156 High St. 04101
Use Deering St. Rear Entrance

S THOMASTON

6:30-7:30 PM
O D CL

The Keag is Up

People's United Methodist Church
13 Chapel St. 04858

IF YOU WANT TO USE ... USE THE PHONE!

Blank lines for phone numbers.

MEETING CODES

- O Open Meeting, all welcome
- C Closed Meeting for addicts and those who think they might have a problem
- D Discussion
- B Beginners
- SP Speaker Meeting
- BT Basic Text
- JFT Just For Today
- 12 Step/Tradition Meeting
- L Literature
- H Handicapped Accessible
- I Institution
- W Women's Meeting
- M Men's Meeting
- CL Candlelight



NARCOTICS ANONYMOUS

**Maine Meeting List
OCT 2018-NOV 2018**

(10-10-2018)

For the most current meeting list visit:

www.namaine.org

or call the Helpline

**For additional meeting lists, either
download them from the website or
copy this meeting list.**

"When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on as best we can to the bitter ends - jails, institutions or death - or find a new way to live. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man's entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual—not religious—program, known as Narcotics Anonymous."

✦ HELPLINE ✦

1-800-974-0062



Maine Area Service Committee
PO Box 5309
Portland, ME 04101

NA World Services
PO Box 9999
Van Nuys, CA 91409-9099