

## **SUNDAY**

### **BREWER**

7-8:00 PM  
O 12 H

### **ELLSWORTH**

7-8:00 PM  
O D H

### **JONESPORT**

7-8:00 PM  
O D H

### **KENNEBUNK**

6:30-8 PM  
O L D

### **MADAWASKA**

2:00-3:00 PM  
O H

### **PORTLAND**

4:00-5:00 PM  
O W D

### **PORTLAND**

6-7:15 PM  
O 12

## **MONDAY**

### **AUGUSTA**

7:30-9 PM  
O D H

### **BANGOR**

7-8:00 PM  
O D H

### **BELFAST**

6:30-7:30 PM  
O 12 H

### **BREWER**

9-10:00 AM  
O W

### **BRIDGTON**

7-8:00 PM  
O D L H

### **CASCO**

7-8:15 PM  
O L H

### **Grateful We're Not Dead**

1<sup>st</sup> Congregational Church  
35 Church St.

### **Alive & Kicking**

Your Place Inc.—Old Mill Rd  
Rte 1A&179, behind Sunrise Glass

### **Serenity**

Community Church of Christ  
W. Main St/Rt. 187 (next to library)

### **Free At Last**

Christ's Church - Rear Door  
6 Dane Street/Rt. 1 & 35

### **Valley In Recovery**

St John Valley Assoc  
291 Newberry Dr, Ste 105

### **Just For Today**

91 State St  
Facility allows women only  
Parking available at Mercy Hospital

### **Step Up** (use side entrance)

1<sup>st</sup> Unitarian Universalist Ch  
425 Congress St at Temple

### **Warm and Slightly Fuzzy**

Grace United Methodist Church  
13 Green St

### **New Beginning**

Comm. Health Counseling  
Services, 42 Cedar St.  
Behind homeless shelter

### **Second Chances**

55 Spring Street  
First Church of Belfast 'Annex'  
Beside Crosby School

### **Back to Basics Woman's Meeting**

The BARN  
395 N. Main St.

### **How It Works** (Room 4)

Bridgton Community Center  
15 Depot St.

### **Lake Region Group**

Clyde Bailey Drop In Center  
224 Roosevelt Trail

### **ELLSWORTH**

6:30-7:30 PM  
O 12 L H

### **KENNEBUNK**

7-8:00 PM  
O D H

### **PORTLAND**

7:00-8:15 PM  
O D CL Topic

### **WATERVILLE**

7:30-9-ish PM  
O H L CL

## **TUESDAY**

### **ALFRED**

7-8:00 PM  
O D H

### **AUGUSTA**

5-6:00 PM  
CL O D L H

### **BATH**

7:30-8:30 PM  
O D 12

### **BREWER**

7-8:00 PM  
O 12 H

### **ELLSWORTH**

7:00-8:00 PM  
O D H

### **FARMINGTON**

6:30-7:30 PM  
O 12

### **GREENVILLE**

7:00-8:00 PM  
O D L

### **PORTLAND**

12:00-1:00 PM  
O D H

### **PORTLAND**

7-8:15 PM  
O S-123

### **PRESQUE ISLE**

7:30-8:30PM  
O D 12

### **N.A. Step Study**

Your Place, Inc – Old Mill Rd  
Rte 1A&179, behind Sunrise Glass

### **It Just Gets Better**

St David's Episcopal Church  
138 York Street

### **Unity** (use side entrance)

1st Unitarian Universalist Ch  
425 Congress St. at Temple

### **Who Am I?**

St. Mark's Church  
60 Eustis Parkway at North St

### **How You Doing?**

Notre Dame Spiritual Center  
147 Shaker Hill Rd.  
(off Route 202) Denis Hall

### **Get Into Action**

St. Mark's Episcopal Church  
9 Summer St.  
Downstairs meeting room

### **Second Chance**

Church of the Nazarene  
191 Centre St. Stanford Hall,  
at back of parking lot  
**Grateful We're Not Dead**  
1<sup>st</sup> Congregational Church  
35 Church St.

### **Alive & Kicking**

Your Place, Inc – Old Mill Rd  
1A&179, behind Sunrise Glass

### **Main Street Dragon Slayers**

Henderson Mem. Baptist Ch  
110 Academy (at Main St.)

### **What a Long, Strange Trip It's Been**

C A Dean Hospital Cafeteria  
364 Pritham Avenue  
Bring NA book if available

### **NA Meeting**

Portland Recovery Center  
468 Forest Ave.

### **Share & Live**

State Street Church, UCC  
159 State Street

### **Courage to Change**

Academy House  
150 Academy St.

### **ROCKLAND**

6:30-7:30 PM  
O BT CL H

### **WATERVILLE**

6:30-8:00 PM  
O D H JFT

### **WESTBROOK**

7:30-8:30 PM  
O D H

## **WEDNESDAY**

### **BANGOR**

7:00-8:00 PM  
O D H

### **DAMARISCOTTA**

7:30-8:30 PM  
O 12 H

### **LEWISTON**

5:45-6:45 PM  
O D H

### **PORTLAND**

7-8:15 PM  
O D H

### **ROCKLAND**

6:30-7:30 PM  
O 12 B D

### **SACO**

5:30 -6:30 PM  
O 12 H

## **THURSDAY**

### **ALFRED**

8-9ish PM  
O L H

### **BANGOR**

7-8:00 PM  
O D 12 H

### **BELFAST**

6:30-7:30 PM  
O D H

### **BRUNSWICK**

7-8:00 PM  
O BT

### **New Attitudes**

St. Peters Episcopal Church  
11 White St (corner of White &  
Limerock)

### **Who Am I?**

St. Mark's Church  
60 Eustis Parkway at North St

### **Welcome Home**

Mercy Hospital  
40 Park Road

### **New Beginning**

Comm. Health Counseling  
Services, 42 Cedar St.  
Behind homeless shelter

### **Spiritual Warriors**

Miles Memorial Hospital  
3<sup>rd</sup> Floor Conference Rm  
Rt 130 (Bristol Rd.)

### **Simply Addicts**

12 Hour Club  
120 Lisbon St.

### **New Life**

St. Luke's Church  
143 State St.  
Use Park St. Entrance  
**12 Steps to Recovery**  
St. Peter's Church, 11 White St  
Step study It Works How and Why

### **How & Why Step Group**

Community Center  
1500 Ledgewood Terrace

### **Just For Today**

Notre Dame Spiritual Center  
147 Shaker Hill Rd.  
(off Route 202) Denis Hall

### **Grateful We're Not Dead**

Manna Inc. 629 Main St.

### **Second Chances**

United Methodist Church  
23 Mill Lane

### **Back to Basics**

Addiction Resource Center  
66 Baribeau Drive, Suite 3  
Midcoast Health Services

### **EAST WINTHROP**

7-8:00 PM  
O D H

### **FARMINGTON**

7-8:00 PM  
C 12 L H

### **FORT KENT**

7:30–8:30 PM  
O

### **MECHANIC FALLS**

6-7:15 PM  
O D H SP 1<sup>st</sup> Thur

### **PORTLAND**

12:00-1:00 PM  
O D H

### **PORTLAND**

7 -8:00 PM  
O D

### **S THOMASTON**

6:30-7:30 PM  
O D CL

### **Unwashed & Somewhat Slightly Dazed**

East Winthrop Baptist Ch  
93 Old Village Rd.

### **Step Awareness**

Franklin County  
Memorial Hospital  
111 Franklin Health, Rt. 2/4

### **New Attitude**

Wellness Center  
83 W. Main St  
Same parking as Subway

### **Recovery Road**

90 Lewiston St., Vineyard Church  
Rt. 11/121 Minot Ave.  
Next to TD Bank

### **NA Meeting**

Portland Recovery Center  
468 Forest Ave.

### **No Name**

Sacred Heart Church, 80 Sherman St  
Corner of Sherman/Mellen

### **Keag Is Up**

People's United Methodist Church  
13 Chapel St

**For New Hampshire Meeting  
Information  
888-624-3578**

or  
[www.gsana.org](http://www.gsana.org)

**“Our message is hope and  
the promise is freedom.”**

